

MONDAY 11.05

SANDWICHES & WRAPS:

- Grain bread roll with egg spread and chives 417 kcal - **11,00 ZŁ** ✓
- Bagel with cream cheese, arugula, salmon, and olives 536 kcal - **14,00 ZŁ**
- Ciabatta with chicken, fried egg, cheddar, and tartar sauce 616 kcal - **14,00 ZŁ**
- Roll with pâté, horseradish dip, and pickled cucumber 462 kcal - **12,00 ZŁ**
- Bagel with cream cheese, radishes, and chives 294 kcal - **11,00 ZŁ** ✓
- Longer with strips and garlic sauce 556 kcal - **15,00 ZŁ**

BREAKFAST:

- Yogurt + mango-passion fruit mousse
+ chocolate granola 296 kcal - **12,00 ZŁ** ✓
- Coconut millet porridge with raspberry jam
and almond flakes 374 kcal - **10,00 ZŁ** ✓

LUNCHES:

- Turkey in yogurt and dill sauce with colorful gnocchi 503 kcal - **24,00 ZŁ**
- Meatballs in dill sauce + potato dumplings + red cabbage salad 718 kcal - **22,00 ZŁ**
- Ground beef with mashed potatoes and cucumber salad 702 kcal - **22,00 ZŁ**
- Potato pancakes with sour cream 722 kcal - **22,00 ZŁ**
- Keto tenderloin in leek sauce + roasted vegetables 371 kcal - **24,00 ZŁ**
- Zucchini and feta cutlets served with pearl couscous and salad 467 kcal - **20,00 ZŁ KETO**
- Tagliatelle in spinach sauce with feta and cherry tomatoes 997 kcal - **22,00 ZŁ** ✓
- Green dumplings with chicken and garlic dip 1003 kcal - **17,50 ZŁ** ✓
- Russian dumplings with onion topping 840 kcal - **17,50 ZŁ**
- Gyoza dumplings with pork and vegetables + soy sauce 509 kcal - **19,00 ZŁ** ✓
- Pancakes with dulce de leche and toasted almonds 1169 kcal - **22,00 ZŁ** ✓
- Pancakes with spinach, ricotta, and sun-dried tomatoes
+ lime-mint dip 631 kcal - **22,00 ZŁ** ✓

SALADS:

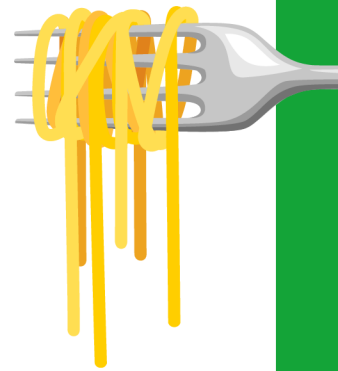
- Pasta Salad with Pesto, Chicken, and Vegetables 593 kcal - **22,00 ZŁ**
- Salad with Potatoes, Broad Beans, and Smoked Tofu
+ Yogurt and Herb Dressing 519 kcal - **22,00 ZŁ** ✓

LUNCH OF THE DAY

Ground meat with mashed potatoes and cucumber salad
+ Soup **29,00 ZŁ**

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We use fresh ingredients, the availability of which may vary.
For this reason, the menu is subject to change.



DRINKS:

- Snickers Protein Shake 454 kcal - **12,00 ZŁ**
- Chocolate-Banana Smoothie with a Hint of Mint 396 kcal - **13,00 ZŁ**
- Tropical Smoothie [pineapple, mango, passion fruit, orange, banana] 255 kcal - **13,00 ZŁ**
- Mojito lemonade 56 kcal - **9,00 ZŁ**
- Pigwolada 106 kcal - **14,00 ZŁ**
- Pigwolada with black tea 106 kcal - **14,00 ZŁ**
- Pigwolada with green tea 106 kcal - **14,00 ZŁ**

DESSERTS:

- Upside-down rhubarb cake 508 kcal - **10,00 ZŁ** NEW
- Pistachio cream with kataifi + mascarpone
+ strawberry 726 kcal - **12,00 ZŁ**
- Kinder Country dessert 558 kcal - **12,00 ZŁ**

SOUPS:

- Cabbage soup with sausage 233 kcal - **11,00 ZŁ**
- Cream of beet soup with seeds 284 kcal - **11,00 ZŁ** ✓

ROLLS:

- Chicken and Vegetable Rolls
+ Honey Mustard Sauce 612 kcal - **19,00 ZŁ**

BURGER:

- Lumberjack-style burger with cranberries 897 kcal - **27,00 ZŁ**



TUESDAY 12.05

SANDWICHES & WRAPS:

- Chicken Ripper - chicken, jalapeño-mango sauce, cucumber 425 kcal - **14,00 ZŁ**
- Seeded roll with tuna spread and pickled cucumber 459 kcal - **12,00 ZŁ**
- BBQ pulled chicken sandwich with fresh cucumber and red cabbage salad 459 kcal - **14,00 ZŁ**
- Classic white sandwich roll-ham, cheese, vegetables 478 kcal - **13,00 ZŁ**
- Italian-style seeded bagel with pesto, mozzarella, and tomato 599 kcal - **13,00 ZŁ**
- Wrap with strips and mango-jalapeño dip 516 kcal - **18,00 ZŁ** 🌱🌶️

BREAKFAST:

- Yogurt + blueberry compote + crunchy topping 321 kcal - **12,00 ZŁ** 🌱
- Chocolate oatmeal with stewed plums and cinnamon 458 kcal - **11,00 ZŁ** 🌱

LUNCHES:

- Devolay with butter, served with mashed potatoes and beetroot salad 747 kcal - **22,00 ZŁ**
- Pork tenderloin in mustard sauce with potato dumplings and pickled cucumber salad 817 kcal - **22,00 ZŁ**
- Thai-style chicken in sweet and sour sauce served with rice 570 kcal - **22,00 ZŁ**
- Meatballs in sun-dried tomato sauce + mashed potatoes + salad 698 kcal - **23,00 ZŁ**
- Keto ground cutlets in hunter's sauce with broccoli and celery purée and a salad 681 kcal - **25,00 ZŁ KETO**
- Vegetarian ground cutlets with purée and cucumber salad 554 kcal - **23,00 ZŁ** 🌱
- Dumplings with plums 777 kcal - **21,00 ZŁ** 🌱
- Penne with chicken in a pepper-honey sauce 748 kcal - **23,00 ZŁ** NEW
- Spaghetti in red pesto with roasted cherry tomatoes and burrata 722 kcal - **23,00 ZŁ** 🌱
- Dumplings with mushrooms and Gouda cheese 833 kcal - **17,50 ZŁ** 🌱
- Russian dumplings with onion topping 840 kcal - **17,50 ZŁ** 🌱
- Gyoza dumplings with chicken and vegetables + soy sauce 464 kcal - **18,00 ZŁ**
- Pancakes with cottage cheese + mango mousse 769 kcal - **18,00 ZŁ** 🌱
- Green pancakes stuffed with spinach and feta cheese + garlic dip 761 kcal - **22,00 ZŁ** 🌱

SALADS:

- Caesar Salad with Chicken 632 kcal - **23,00 ZŁ**
- Salad with buckwheat, boiled beets, feta cheese, and honey-mustard dressing 546 kcal - **21,00 ZŁ** 🌱
- Bowl with quinoa, roasted sweet potatoes, cherry tomatoes, avocado, and egg + dressing 771 kcal - **25,00 ZŁ** 🌱

LUNCH OF THE DAY

Devolay with butter, served with mashed potatoes and pickled beets + Soup **29,00 ZŁ**

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DRINKS:

- Shake proteinowy a'la tiramisù 234 kcal - **12,00 ZŁ**
- Koktajl mango lassi 306 kcal - **13,00 ZŁ**
- Smoothie z owoców leśnych z dodatkiem miodu 191 kcal - **13,00 ZŁ**
- Lemoniada cytrynowa 66 kcal - **9,00 ZŁ**
- Pigwólada 106 kcal - **14,00 ZŁ**
- Pigwólada with black tea 106 kcal - **14,00 ZŁ**
- Pigwólada with green tea 106 kcal - **14,00 ZŁ**

DESSERTS:

- Walnut slice with lemon icing 782 kcal - **14,00 ZŁ**
- Cini Minis dessert 715 kcal - **13,00 ZŁ**
- Chocolate Belriso with strawberries and white chocolate 386 kcal - **11,00 ZŁ**
- Pistachio tiramisù 595 kcal - **13,00 ZŁ**

SOUPS:

- Beet greens with green beans and egg 264 kcal - **12,00 ZŁ** 🌱
- Spicy Thai soup served with shrimp and rice noodles 557 kcal - **22,00 ZŁ**

ROLLS:

- Chicken spring rolls with blanched cabbage and carrots + peanut dip 603 kcal - **19,00 ZŁ**

BURGER:

- Cheeseburger with beef, cheddar cheese, pickles, tomato, and Thousand Island dressing 573 kcal - **23,00 ZŁ**



WEDNESDAY 13.05

SANDWICHES & WRAPS:

- Roll with cream cheese, cold cuts, and bell peppers 300 kcal - **13,00 ZŁ**
- Roll with hummus, sun-dried tomatoes, egg, and chives 416 kcal - **12,00 ZŁ** ✓
- Bagel with butter, smoked Gouda, tomato, and pepper 521 kcal - **12,00 ZŁ**
- Baguette with egg spread and sprouts 390 kcal - **11,00 ZŁ** ✓
- Ciabatta with honey-mustard chicken, cheddar, and cucumber 548 kcal - **14,00 ZŁ**
- Longer with strips and garlic sauce 556 kcal - **15,00 ZŁ**

BREAKFAST:

- Sugar-free plain yogurt with chocolate crunch 302 kcal - **10,00 ZŁ** ✓
- Caramel oatmeal with flaxseed, bran, and cranberries 469 kcal - **12,00 ZŁ** ✓
- Focaccia with goat cheese and pesto 426 kcal - **16,00 ZŁ** ✓

LUNCHES:

- Baked salmon in a cream and spinach sauce with baby potatoes and Chinese cabbage slaw 770 kcal - **25,00 ZŁ**
- Duck in gooseberry-rhubarb sauce with new potatoes and dill and young cabbage coleslaw 570 kcal - **25,00 ZŁ**
- Pork chop with mashed potatoes and sautéed young cabbage 481 kcal - **22,00 ZŁ** NEW
- Fit chicken breast + sweet chili sauce with couscous and a medley of vegetables 584 kcal - **23,00 ZŁ**
- Potato dumplings in a sauce of oyster mushrooms and parsley with arugula 610 kcal - **20,00 ZŁ** ✓
- Pappardelle with asparagus and sun-dried tomato sauce 598 kcal - **22,00 ZŁ** ✓
- Lasagna with beef and pork in béchamel sauce with Parmesan cheese 843 kcal - **22,00 ZŁ**
- Korean-style noodles with shrimp 606 kcal - **25,00 ZŁ**
- Russian dumplings with onion topping 840 kcal - **17,50 ZŁ** ✓
- Green dumplings with chicken and garlic dip 1003 kcal - **17,50 ZŁ**
- Gyoza dumplings with duck and vegetables + soy sauce 379 kcal - **20,00 ZŁ** NEW
- Mexican-style pancakes baked under béchamel sauce 808 kcal - **23,00 ZŁ**
- Pancakes with blueberry cream cheese 740 kcal - **20,00 ZŁ** ✓

SALADS:

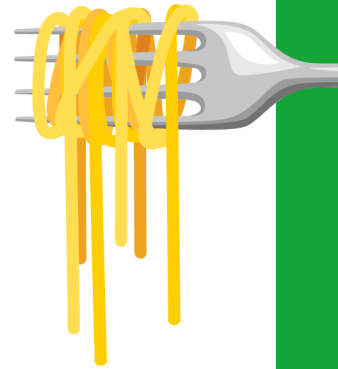
- Chicken salad with orange segments, sunflower seeds, and honey-mustard dressing 427 kcal - **23,00 ZŁ**
- Greek salad with feta cheese + basil vinaigrette 602 kcal - **21,00 ZŁ** ✓
- Niçoise salad with tuna 670 kcal - **25,00 ZŁ**

LUNCH OF THE DAY

Lasagna with beef and pork in béchamel sauce with Parmesan cheese + Soup **29,00 ZŁ**

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DRINKS:

- Chocolate protein shake 313 kcal - **12,00 ZŁ**
- Currant smoothie 351 kcal - **13,00 ZŁ**
- Mango, pineapple, orange, strawberry smoothie 174 kcal - **13,00 ZŁ**
- Raspberry lemonade 56 kcal - **9,00 ZŁ**
- Pigwolada 106 kcal - **14,00 ZŁ**
- Pigwolada with black tea 106 kcal - **14,00 ZŁ**
- Pigwolada with green tea 106 kcal - **14,00 ZŁ**

DESSERTS:

- Carrot cake with creamy frosting 509 kcal - **10,00 ZŁ**
- Matcha dessert with fruit compote mango and passion fruit 571 kcal - **14,00 ZŁ**
- Nutty cream with dulce de leche on a cocoa crust with blueberry fruit compote 736 kcal - **12,00 ZŁ**
- Strawberry tiramisu 320 kcal - **10,00 ZŁ**

SOUPS:

- Cream of green asparagus and zucchini soup 220 kcal - **20,00 ZŁ** NEW
- Chicken broth with noodles 204 kcal - **12,00 ZŁ**

ROLLS:

- Spring rolls [chicken/beef/vegetables] + peanut dip 430 kcal - **19,00 ZŁ**
- Rolls with lettuce, ham, and cheese 844 kcal - **18,00 ZŁ**



THURSDAY 14.05

SANDWICHES & WRAPS:

Roll with horseradish cream cheese and vegetables 329 kcal - **12,00 ZŁ** ✓

Ciabatta with mustard, egg, and Sopot-style pork tenderloin with pickled cucumber 366 kcal - **13,00 ZŁ**

Bagel with egg spread and chives 415 kcal - **12,00 ZŁ** ✓

Roll with tuna spread and bell pepper 406 kcal - **13,00 ZŁ**

Seeded roll with bacon chips, lettuce, cheese, and a fried egg 686 kcal - **13,00 ZŁ**

Caesar bagel 626 kcal - **16,00 ZŁ**

Longer with strips and garlic sauce 556 kcal - **15,00 ZŁ**

Wrap with strips and mango jalapeño dip 516 kcal - **18,00 ZŁ** 🌶️🌶️

BREAKFAST:

Yogurt + mandarin segments + fruit crunch 318 kcal - **11,00 ZŁ** ✓

Apple pie-style oatmeal 413 kcal - **11,00 ZŁ** ✓

Mini sweet omelets with blueberry jam and peaches 453 kcal - **13,00 ZŁ** ✓

LUNCHES:

Indian butter chicken served with rice 611 kcal - **22,00 ZŁ**

Beef and pork stroganoff with potato dumplings and beets with horseradish 568 kcal - **23,00 ZŁ**

Pork tenderloin in sauce with asparagus and mashed potatoes + red cabbage 538 kcal - **23,00 ZŁ**

Cheese-crust chicken cutlet with jacket potatoes and coleslaw 484 kcal - **22,00 ZŁ**

Gongbao chicken 890 kcal - **24,00 ZŁ** NEW

Keto chicken in carbonara sauce + zucchini noodles 678 kcal - **24,00 ZŁ** **KETO** ✓

Potato pancakes with beet sauce 876 kcal - **22,00 ZŁ** ✓ NEW

Tagliatelle in a cream and Parmesan sauce with broccoli and chicken 883 kcal - **23,00 ZŁ**

Linguine with parsley pesto and Parmesan 719 kcal - **20,00 ZŁ** ✓ NEW

Ravioli with porcini mushrooms 644 kcal - **24,00 ZŁ** ✓

Green dumplings with chicken and garlic dip 1003 kcal - **17,50 ZŁ**

Dumplings with mushrooms and Gouda cheese 833 kcal - **17,50 ZŁ** ✓

Gyoza dumplings with chicken and vegetables + soy sauce 464 kcal - **18,00 ZŁ**

Pancakes with zucchini and mushrooms 550 kcal - **20,00 ZŁ** ✓

Bounty pancakes 864 kcal - **18,00 ZŁ** ✓

SALADS:

Salad with roasted rhubarb and strawberry dressing 454 kcal - **24,00 ZŁ** NEW ✓

Mexican chicken salad 437 kcal - **23,00 ZŁ**

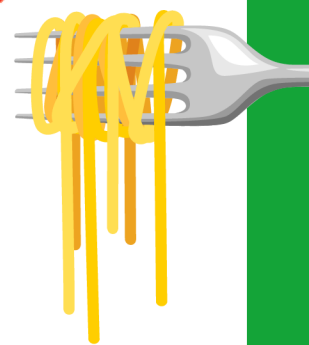
Salad with egg, bacon, cherry tomatoes and corn + dressing 741 kcal - **22,00 ZŁ** ✓

LUNCH OF THE DAY

Cheese-battered chicken cutlet with jacket potatoes and coleslaw + Soup **29,00 ZŁ**

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DRINKS:

Rafaello protein shake with raspberries 310 kcal - **12,00 ZŁ**

Peach and strawberry smoothie 322 kcal - **12,00 ZŁ**

Strawberry smoothie with chia seeds 293 kcal - **12,50 ZŁ**

Red Orange Lemonade 56 kcal - **9,00 ZŁ**

Pigwolada 106 kcal - **14,00 ZŁ**

Pigwolada with Black Tea 106 kcal - **14,00 ZŁ**

Pigwolada with Green Tea 106 kcal - **14,00 ZŁ**

DESSERTS:

Coffee sponge cake

with cherry cream 451 kcal - **12,00 ZŁ**

Apple pie with caramelized nuts 379 kcal - **10,00 ZŁ**

Strawberry chia pudding 499 kcal - **11,00 ZŁ**

Raspberry tapioca with toasted almonds 264 kcal - **12,00 ZŁ**

Forest moss dessert 418 kcal - **12,00 ZŁ**

SOUPS:

Tomato soup with rice 293 kcal - **11,00 ZŁ** ✓

Mexican soup with pumpkin, chicken, and corn 319 kcal - **12,00 ZŁ** 🌶️🌶️

Cream of mushroom soup 271 kcal - **11,00 ZŁ** ✓

ROLLS:

Chicken and vegetable spring rolls + sweet and spicy dip 331 kcal - **19,00 ZŁ** 🌶️🌶️

Chicken and vegetable rolls + honey mustard sauce 612 kcal - **19,00 ZŁ**

BURGER

Bao bao buns with pulled BBQ chicken, red cabbage slaw, cucumber, and sesame seeds 682 kcal - **25,00 ZŁ**

SNACKS:

Mini vegetable spring rolls 🌶️🌶️ with chili-mango dip 407 kcal - **12,00 ZŁ** ✓



FRIDAY 15.05

SANDWICHES & WRAPS:

- Seeded roll with egg spread and chives 417 kcal - **11,00 ZŁ** ✓
- Seeded roll with cream cheese and salmon 486 kcal - **13,00 ZŁ**
- Ciabatta with chicken, fried egg, cheddar, and tartar sauce 616 kcal - **14,00 ZŁ**
- Bagel with cream cheese, radish, and chives 293 kcal - **11,00 ZŁ** ✓
- Classic-ham, cheese, tomato, cucumber, sprouts 393 kcal - **12,00 ZŁ**
- Longer with strips and garlic sauce 506 kcal - **15,00 ZŁ**

BREAKFAST:

- Yogurt + raspberry mousse + muesli 319 kcal - **11,00 ZŁ** ✓
- Pistachio cake with almond flakes 541 kcal - **12,00 ZŁ** ✓

LUNCHES:

- Breaded pollock with potatoes and sauerkraut 475 kcal - **24,00 ZŁ**
- Firehouse-style cutlet with mashed potatoes and beets with horseradish 590 kcal - **22,00 ZŁ**
- Chicken and bean tacos 420 kcal - **20,00 ZŁ**
- Keto turkey cutlet with celery purée and salad 331 kcal - **24,00 ZŁ**
- Beet patties with mashed potatoes and cucumber salad 659 kcal - **20,00 ZŁ** NEW ✓
- Black pasta in butter sauce with shrimp, roasted cherry tomatoes and parsley 775 kcal - **26,00 ZŁ**
- Linguine with roasted bell pepper sauce and feta cheese 646 kcal - **22,00 ZŁ**
- Dumplings with mushrooms and Gouda cheese 833 kcal - **17,50 ZŁ** ✓
- Russian dumplings with onion topping 840 kcal - **17,50 ZŁ** ✓
- Spinach gyoza dumplings with vegetables + soy sauce 365 kcal - **18,00 ZŁ** ✓
- Pancakes with horseradish cream cheese, spinach, and bell peppers 552 kcal - **23,00 ZŁ** ✓
- Pancakes with cheese and peach mousse 771 kcal - **18,00 ZŁ** ✓

SALADS:

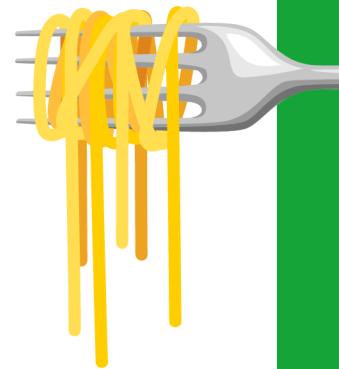
- Salad with shrimp, egg, vegetables, and orange dressing 483 kcal - **25,00 ZŁ**
- Salad with spinach and ricotta tortellini, sun-dried tomatoes, Parmesan, and basil olive oil 591 kcal - **23,00 ZŁ** ✓
- Salad with roasted pumpkin, turkey, feta, and pumpkin seeds + balsamic dressing 696 kcal - **24,00 ZŁ**

LUNCH OF THE DAY

Breaded pollock with potatoes and sauerkraut
+ Soup **29,00 ZŁ**

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DRINKS:

- Pistachio Protein Shake 424 kcal - **13,00 ZŁ**
- Cherry, Raspberry, and Blueberry Smoothie 275 kcal - **14,00 ZŁ**
- Vitamin Smoothie [orange, banana, spinach, ginger, chia] 220 kcal - **13,00 ZŁ**
- Mojito lemonad 56 kcal - **9,00 ZŁ**
- Pigwolada 106 kcal - **14,00 ZŁ**
- Pigwolada with black tea 106 kcal - **14,00 ZŁ**
- Pigwolada with green tea 106 kcal - **14,00 ZŁ**

DESSERTS:

- Lime cheesecake with matcha on a chocolate crust 315 kcal - **11,00 ZŁ**
- Panna cotta with cherry mousse 303 kcal - **12,00 ZŁ**
- Rice pudding with mascarpone and strawberry mousse 396 kcal - **12,00 ZŁ**
- Dubai chocolate dessert 725 kcal - **16,00 ZŁ**

SOUPS:

- Cream of cauliflower soup 260 kcal - **12,00 ZŁ** ✓
- Curry ramen with coconut milk and shrimp 428 kcal - **27,00 ZŁ** ✓

ROLLS

- Shrimp rolls with panko breading and sweet chili sauce 571 kcal - **20,00 ZŁ**

BURGER:

- Beef burger with an egg, grilled asparagus, and a bacon chip with cheese sauce 741 kcal - **27,00 ZŁ** NEW

