

MENU

TUESDAY 27.01

SANDWICHES & WRAPS:

- Ciabatta with pulled BBQ chicken, fresh cucumber and red cabbage salad 501 kcal - **13,00 ZŁ**
- Roll with egg paste, chives and pickled cucumber 390 kcal - **12,00 ZŁ** ✓
- Roll with seeds, butter, lettuce, cold cuts, cheese and vegetables 520 kcal - **12,00 ZŁ**
- Roll with bacon crisps, lettuce, cheese and fried egg 686 kcal - **13,00 ZŁ**
- Pork chop 'burger' 640 kcal - **16,00 ZŁ**
- Roll with cream cheese and salmon 496 kcal - **14,00 ZŁ**
- Roll with pesto, mozzarella and sun-dried tomatoes 535 kcal - **13,00 ZŁ** ✓ NEW
- Wrap with strips and BBQ sauce 500 kcal - **15,00 ZŁ**

BREAKFAST:

- Chocolate porridge with stewed plums and cinnamon 450 kcal - **11,00 ZŁ** ✓
- Yoghurt + blueberry fruit sauce + crunchy 350 kcal - **12,00 ZŁ** ✓

LUNCHES:

- Devolay with butter served with mashed potatoes and beetroot salad 700 kcal - **22,00 ZŁ**
- Mexican peppers stuffed with rice, chicken and beans 375 kcal - **24,00 ZŁ** 🌶️🌶️
- Pork tenderloin in chanterelle sauce with mashed potatoes and beetroot with horseradish 500 kcal - **22,00 ZŁ**
- Garam masala turkey with rice 500 kcal - **22,00 ZŁ**
- Honey and mustard ribs with roasted potatoes and fried cabbage 826 kcal - **23,00 ZŁ** NEW
- Dumplings with plums 750 kcal - **21,00 ZŁ** ✓ NEW
- Vegetarian schnitzel with potatoes and cucumber salad 600 kcal - **20,00 ZŁ** ✓
- Pasta with roasted pepper sauce 450 kcal - **21,00 ZŁ** ✓
- Black pasta in butter and garlic sauce with chicken, parmesan cheese and cherry tomatoes 700 kcal - **23,00 ZŁ**
- Green dumplings with chicken and garlic dip 900 kcal - **17,50 ZŁ**
- Russian dumplings with onion topping 700 kcal - **17,50 ZŁ** ✓
- Gyoza dumplings with chicken and vegetables + soy sauce 350 kcal - **18,00 ZŁ**
- Stracciatella pancakes 780 kcal - **20,00 ZŁ** ✓
- Green pancakes stuffed with spinach and feta cheese + garlic dip 750 kcal - **22,00 ZŁ** ✓

SALADS:

- Caesar salad with chicken 630 kcal - **22,00 ZŁ**
- Salad with buckwheat, boiled beetroot, feta cheese and honey-mustard dressing 550 kcal - **21,00 ZŁ** ✓
- Bowl with quinoa, roasted sweet potatoes, cherry tomatoes, avocado and egg + dressing 800 kcal - **25,00 ZŁ** ✓

Devolay with butter served with mashed potatoes and beetroot salad + Soup **29,00 ZŁ**

DRINKS:

- Tiramisu protein shake 200 kcal - **12,00 ZŁ**
- Forest fruit smoothie with honey 200 kcal - **13,00 ZŁ**
- Mango lassi cocktail 300kcal - **13,00 ZŁ**

DESSERTS:

- Cheesecake with strawberry mousse 200 kcal - **11,00 ZŁ**
- Mini doughnuts: pistachio, fudge, raspberry + custard 350 kcal - **10,00 ZŁ**
- Rice pudding with mascarpone and strawberry mousse 360 kcal - **12,00 ZŁ** NEW
- Pistachio tiramisu 600 kcal - **13,00 ZŁ**

SOUPS:

- Krupnik 300kcal - **11,00 ZŁ** ✓
- Spicy Thai soup served with prawns and rice noodles 500 kcal - **22,00 ZŁ** 🌶️🌶️

BURGER:

- Cheeseburger with beef, cheddar cheese, pickled cucumber, tomato and Thousand Island dressing 550 kcal - **23,00 ZŁ**

ROLLS:

- Spring rolls with chicken and blanched cabbage with carrots + nut dip 649 kcal - **19,00 ZŁ**
- Rolls with smoked salmon, spinach and dill sauce 667 kcal - **21,00 ZŁ**

TUESDAY 21.04

SANDWICHES & WRAPS:

- Caesar Bagel 625 kcal -**16,00 ZŁ**
- Whole-grain roll with hard-boiled egg, chives, radish sprouts, and tartar sauce 486 kcal -**13,00 ZŁ** ✓
- Pork Loin "Burger" 627 kcal -**16,00 ZŁ**
- Ciabatta with honey-mustard chicken, arugula, and tomato 497 kcal -**14,00 ZŁ**
- Salami roll with garlic sauce, olives, lettuce, pickled cucumber, and sprouts 713 kcal -**12,00 ZŁ**
- Classic white bread roll-ham, cheese, vegetables 478 kcal -**13,00 ZŁ**
- Seeded roll with tuna spread and pickled cucumber 459 kcal -**12,00 ZŁ**
- Long roll with strips and garlic sauce 556 kcal -**15,00 ZŁ**

BREAKFAST:

- Yogurt + mango-passion fruit mousse + chocolate muesli 296 kcal -**11,00 ZŁ** ✓
- Kinder-style oatmeal 413 kcal -**12,00 ZŁ** ✓
- Chicken, cheese, and tomato tart 349 kcal -**11,00 ZŁ**

LUNCHES:

- Ground meat with mashed potatoes and carrots with peas 645 kcal -**22,00 ZŁ**
- Indian-style chicken karahi with rice 515 kcal -**22,00 ZŁ**
- Breaded chicken cutlet with mashed potatoes and gherkins 419 kcal -**23,00 ZŁ**
- Pork meatballs in mushroom sauce, salad, and keto mashed potatoes 524 kcal -**22,00 ZŁ**
- Leniwe with butter and breadcrumbs 713 kcal -**20,00 ZŁ** ✓
- Czech-style fried cheese with roasted potatoes and garlic sauce 940 kcal -**22,00 ZŁ** ✓ NEW
- Penne with chicken in a cream and herb sauce 773 kcal -**22,00 ZŁ**
- Sweet cheese dumplings + sour cream 1036 kcal -**17,50 ZŁ** ✓
- Russian dumplings with onion topping 840 kcal -**17,50 ZŁ** ✓
- Gyoza dumplings with pork and vegetables + soy sauce 509 kcal -**19,00 ZŁ**
- Pancakes with cabbage and mushrooms 620 kcal -**21,00 ZŁ** ✓
- Pancakes with roasted apple and toffee sauce 615 kcal -**18,00 ZŁ** ✓

SALADS:

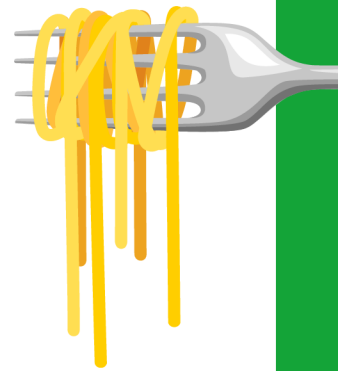
- Salad with potatoes, broad beans, and smoked tofu + yogurt and herb dressing 519 kcal -**22,00 ZŁ** ✓
- Lumberjack Salad [tomato, pickled cucumber, chicken, bacon, Gouda, caramelized onion, dip] 701 kcal -**22,00 ZŁ**
- Poke Bowl with Teriyaki Salmon 721 kcal -**25,00 ZŁ**

LUNCH OF THE DAY

Breaded chicken cutlet with mashed potatoes and gherkins
+ Soup **29,00 ZŁ**

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We use fresh ingredients, the availability of which may vary.
For this reason, the menu is subject to change.



DRINKS:

- Tiramisu-style protein shake 234 kcal -**12,00 ZŁ**
- Forest fruit smoothie with honey 191 kcal -**13,00 ZŁ**
- Mango, banana, and orange smoothie 297 kcal -**11,00 ZŁ**
- Mojito lemonade 66 kcal -**9,00 ZŁ**
- Pigwolada 106 kcal -**14,00 ZŁ** NEW

DESSERTS:

- Lime cheesecake with matcha on a chocolate crust 315 kcal -**11,00 ZŁ**
- Pistachio cream with kataifi + mascarpone + strawberries 726 kcal -**15,00 ZŁ**
- Fudge tiramisu with toasted almonds 517 kcal -**12,00 ZŁ**
- Keto cheesecake dessert with blackberry jam 615 kcal -**13,00 ZŁ** KETO NEW

SOUPS:

- Vegetable soup with noodles 333 kcal -**11,00 ZŁ** ✓
- Cabbage soup with sausage 233 kcal -**11,00 ZŁ**

ROLLS:

- Chicken and Vegetable Rolls + Honey Mustard Sauce 612 kcal - **19,00 ZŁ**

SNACKS:

- Mini vegetable spring rolls with a sweet and spicy dip 456 kcal -**12,00 ZŁ** 🍡



WEDNESDAY 22.04

SANDWICHES & WRAPS:

- Caesar Bagel 625 kcal **-16,00 ZŁ**
- Whole-grain roll with hard-boiled egg, chives, radish sprouts, and tartar sauce 486 kcal **-13,00 ZŁ** ✓
- Pork Loin "Burger" 627 kcal **-16,00 ZŁ**
- Ciabatta with honey-mustard chicken, arugula, and tomato 497 kcal **-14,00 ZŁ**
- Salami roll with garlic sauce, olives, lettuce, pickled cucumber, and sprouts 713 kcal **-12,00 ZŁ**
- Seeded roll with tuna spread and pickled cucumber 459 kcal **-12,00 ZŁ**
- Longer with strips and garlic sauce 556 kcal **-15,00 ZŁ**

BREAKFAST:

- Yogurt + mango-passion fruit mousse + chocolate muesli 296 kcal **-11,00 ZŁ** ✓
- Kinder-style oatmeal 413 kcal **-12,00 ZŁ** ✓
- Chicken, cheese, and tomato tart 349 kcal **-11,00 ZŁ**

LUNCHES:

- Pork Stroganoff with buckwheat and beets 661 kcal **-22,00 ZŁ**
- Devolay with cheese and mushrooms, served with potato purée with dill and cucumber salad 645 kcal **-23,00 ZŁ**
- Chicken korma with rice 850 kcal **-22,00 ZŁ**
- Keto koftas in leek sauce + roasted vegetables and broccoli purée 569 kcal **-23,00 ZŁ** **KETO**
- Zucchini and feta cutlets served with mashed potatoes and a carrot and orange salad 423 kcal **-20,00 ZŁ** ✓ **NEW**
- Tuscan pasta with chicken 739 kcal **-23,00 ZŁ**
- Pasta with pesto, mozzarella balls, and toasted sunflower seeds 905 kcal **-22,00 ZŁ** **NEW**
- Black pasta in butter sauce with salmon, roasted cherry tomatoes and parsley 845 kcal **-26,00 ZŁ**
- Dumplings with spinach, feta cheese, and mozzarella served with garlic sauce 1080 kcal **-17,50 ZŁ** ✓
- Russian dumplings with a onion topping 840 kcal **-17,50 ZŁ** ✓
- Beef gyoza dumplings 410 kcal **-20,00 ZŁ**
- Sweet cheese pancakes with chocolate sauce 761 kcal **-18,00 ZŁ** ✓
- Pancakes with egg, Gouda, and tun 817 kcal **-22,00 ZŁ**

SALADS:

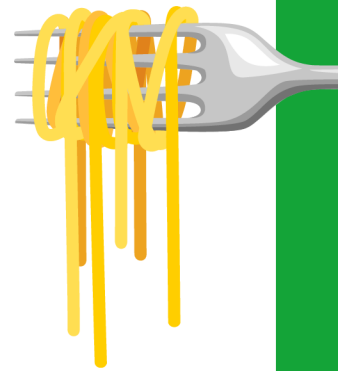
- Pasta salad with cocktail shrimp and vegetables 440 kcal **-25,00 ZŁ**
- Mexican chicken salad 437 kcal **-23,00 ZŁ**
- Pearl couscous salad with vegetables + curry dip 632 kcal **-22,00 ZŁ** ✓

LUNCH OF THE DAY

Devolay with cheese and mushrooms, served with dill mashed potatoes and cucumber salad + Soup **29,00 ZŁ**

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DRINKS:

- Chocolate protein shake 313 kcal **-12,00 ZŁ**
- Strawberry-raspberry smoothie 278 kcal **-13,00 ZŁ**
- Mango lassi 306 kcal **-13,00 ZŁ**
- Lemonade 66 kcal **-9,00 ZŁ**
- Pigwolada 106 kcal **-14,00 ZŁ** **NEW**

DESSERTS:

- Apple Pie 301 kcal **-10,00 ZŁ**
- Chia Pudding with Blueberry Jam 343 kcal **-14,00 ZŁ**
- Mascarpone Cream with Roasted Peaches and Oat Crumble 484 kcal **-12,00 ZŁ**
- Chocolate panna cotta with raspberry compote 492 kcal **-13,00 ZŁ**

SOUPS:

- Red borscht with mushroom dumplings 249 kcal **-14,00 ZŁ** ✓
- Barley soup 293 kcal **-11,00 ZŁ** ✓

BAO BAO:

- Bao bao buns with pulled BBQ chicken, red cabbage slaw, cucumber, and sesame seeds 682 kcal **-25,00 ZŁ**



THURSDAY 23.04

SANDWICHES & WRAPS:

- Caesar Bagel 625 kcal -**16,00 ZŁ**
- Whole-grain roll with hard-boiled egg, chives, radish sprouts, and tartar sauce 486 kcal -**13,00 ZŁ** ✓
- Pork Loin "Burger" 627 kcal -**16,00 ZŁ**
- Ciabatta with honey-mustard chicken, arugula, and tomato 497 kcal -**14,00 ZŁ**
- Salami roll with garlic sauce, olives, lettuce, pickled cucumber, and sprouts 713 kcal -**12,00 ZŁ**
- Seeded roll with tuna spread and pickled cucumber 459 kcal -**12,00 ZŁ**
- Longer with strips and garlic sauce 556 kcal -**15,00 ZŁ**

BREAKFAST:

- Chia pudding with strawberry mousse 400 kcal -**12,00 ZŁ** ✓
- Apple pie-style oatmeal 413 kcal -**11,00 ZŁ** ✓

LUNCHES:

- Beef burrito 472 kcal -**20,00 ZŁ**
- Pork chop baked with cheese + grilled mushrooms, roasted potatoes, pickled cucumber 428 kcal -**22,00 ZŁ**
- Chicken curry with rice 651 kcal -**23,00 ZŁ** 🍛
- Lviv-style cutlet with mashed potatoes and carrots with peas 759 kcal -**22,00 ZŁ**
- Thai-style chicken in sweet and sour sauce served with rice noodles 530 kcal -**22,00 ZŁ**
- Unrolled stuffed cabbage rolls in tomato sauce with mashed potatoes 710 kcal -**22,00 ZŁ**
- Keto turkey roll with goat cheese in sesame seeds in spinach sauce with a refreshing salad 688 kcal -**25,00 ZŁ** KETO
- Cheese and egg cutlets + mashed potatoes + cucumber salad 670 kcal -**21,00 ZŁ** ✓
- Rigatoni in romesco sauce with burrata and basil 738 kcal -**23,00 ZŁ** ✓
- Green dumplings with chicken and garlic dip 1003 kcal -**17,50 ZŁ**
- Sweet cheese dumplings + sour cream 1036 kcal -**17,50 ZŁ** ✓
- Gyoza dumplings [vegetables/chicken] + soy sauce 379 kcal -**19,00 ZŁ**
- Pancakes with leek, zucchini, and cheese 698 kcal -**22,00 ZŁ** ✓
- Pancakes with mascarpone cream and raspberry jam 941 kcal -**20,00 ZŁ** ✓

SALADS:

- Salad with egg, bacon, cherry tomatoes, and corn + dressing 762 kcal -**22,00 ZŁ**
- Salad with buckwheat, beets, feta cheese, orange, and honey-mustard dressing 558 kcal -**21,00 ZŁ** ✓
- BBQ chicken poke bowl 761 kcal -**25,00 ZŁ**

LUNCH OF THE DAY

Stuffed cabbage rolls (unrolled) in tomato sauce with mashed potatoes + Soup **29,00 ZŁ**

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DRINKS:

- Cookie-flavored protein shake 257 kcal -**11,00 ZŁ**
- Mango, pineapple, orange, and strawberry smoothie 174 kcal -**13,00 ZŁ**
- Currant smoothie with honey and mint 284 kcal -**13,00 ZŁ**
- Raspberry lemonade 66 kcal -**9,00 ZŁ**
- Pigwolada 106 kcal -**14,00 ZŁ** NEW

DESSERTS:

- Lactose-free cheesecake made with coconut milk with tropical mousse 263 kcal -**12,00 ZŁ**
- Creamy mascarpone dessert with mandarins and sponge cake 438 kcal -**14,00 ZŁ**
- Chocolate tapioca with pear and nuts 351 kcal -**12,00 ZŁ** NEW
- Dubai chocolate dessert 725 kcal -**16,00 ZŁ**

ROLLS:

- Spring rolls with chicken, blanched cabbage, and carrots + peanut dip 649 kcal -**19,00 ZŁ**
- Chicken and vegetable rolls + honey mustard sauce 612 kcal -**19,00 ZŁ**

SOUPS:

- Spicy Thai soup served with shrimp and rice noodles 557 kcal -**22,00 ZŁ** 🍛
- Pickled cucumber cream soup with rice 338 kcal -**11,50 ZŁ** ✓
- Tomato soup with rice 293 kcal -**11,00 ZŁ** ✓ NEW


BURGER:

- Burger a'la cezar 582 kcal -**22,00 ZŁ**






FRIDAY 24.04










SANDWICHES & WRAPS:

- Caesar Bagel 625 kcal **-16,00 ZŁ**
- Whole-grain roll with hard-boiled egg, chives, radish sprouts, and tartar sauce 486 kcal **-13,00 ZŁ** 
- Classic - ham, cheese, vegetables 478 kcal **-13,00 ZŁ**
- Ciabatta with honey-mustard chicken, arugula, and tomato 497 kcal **-14,00 ZŁ**
- Salami roll with garlic sauce, olives, lettuce, pickled cucumber, and sprouts 713 kcal **-12,00 ZŁ**
- Seeded roll with tuna spread and pickled cucumber 459 kcal **-12,00 ZŁ**
- Longer with strips and garlic sauce 556 kcal **-15,00 ZŁ**
- Wrap with chicken, vegetables, and garlic sauce 373 kcal **-14,00 ZŁ**



BREAKFAST:

- Yogurt with toffee and granola 429 kcal **-11,00 ZŁ** 
- Coconut millet porridge with blueberry jam and peanut butter 381 kcal **-10,00 ZŁ**  

LUNCHES:

- Breaded pollock with dill mashed potatoes and braised cabbage 413 kcal **-24,00 ZŁ**
- BBQ chicken with rice and Vietnamese-style salad 650 kcal **-22,00 ZŁ** 
- Turkey cutlets + jacket potatoes + coleslaw 433 kcal **-23,00 ZŁ**
- Baked Camembert wrapped in bacon with cranberries and cherry tomato salad 645 kcal **-24,00 ZŁ**
- Broccoli patties with mozzarella served with mashed potatoes and cucumber salad 573 kcal **-20,00 ZŁ**  
- Black pasta in butter sauce with shrimp, roasted cherry tomatoes, and parsley 775 kcal **-26,00 ZŁ**
- Rigatoni in a creamy tomato sauce with chorizo 774 kcal **-22,00 ZŁ**
- Four-cheese pasta 755 kcal **-22,00 ZŁ** 
- Sweet cheese dumplings with raspberry-lime mousse 918 kcal **-17,50 ZŁ** 
- Russian dumplings with onion topping 840 kcal **-17,50 ZŁ** 
- Spinach gyoza dumplings with vegetables + soy sauce 365 kcal **-18,00 ZŁ** 
- Pancakes with spinach, ricotta, and sun-dried tomatoes + lime-mint dip 631 kcal **-22,00 ZŁ** 
- Pink pancakes served with sweet cheese, peaches and toffee sauce 844 kcal **-19,00 ZŁ** 

SALADS:

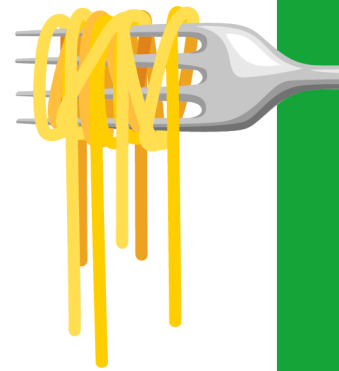
- Salad with white beans, fresh and sun-dried tomatoes, bell peppers + dip + croutons 475 kcal **-22,00 ZŁ** 
- Bowl with potatoes, pickled cucumber, chicken, bell peppers + garlic dip 409 kcal **-23,00 ZŁ**
- Salad with pork tenderloin, beets, black lentils and dressing 426 kcal **-23,00 ZŁ** 

LUNCH OF THE DAY


Breaded pollock with dill mashed potatoes and braised cabbage + Soup **32,00 ZŁ**

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DRINKS:

- Snickers Protein Shake 454 kcal **-12,00 ZŁ**
- Cherry, Raspberry, and Blueberry Smoothie 275 kcal **-14,00 ZŁ**
- Vitamin Smoothie [orange, banana, spinach, ginger, chia] 220 kcal **-13,00 ZŁ**
- Lavender Lemonade 66 kcal **-9,00 ZŁ**
- Pigwolada 106 kcal **-14,00 ZŁ** 




DESSERTS:

- Carrot Cake with Creamy Frosting 509 kcal **-10,00 ZŁ**
- Coconut Princessa Dessert 766 kcal **-13,00 ZŁ**
- Raspberry Cloud Dessert 588 kcal **-12,00 ZŁ**
- Mascarpone cream on a chocolate-butter base with cherry mousse 376 kcal **-12,00 ZŁ** 

ROLLS:

- Spring rolls (salmon/shrimp/vegetables) + peanut sauce 451 kcal **-19,00 ZŁ**
- Rolls with smoked salmon, spinach, and dill sauce 614 kcal **-21,00 ZŁ**

SOUPS:

- Cream of mushroom soup 246 kcal **-11,00 ZŁ** 
- Tikka masala soup 238 kcal **-11,00 ZŁ** 
- Sour rye soup with egg 319 kcal **-12,00 ZŁ** 

BURGER:

- BBQ burger [beef, cheddar, bacon bits, tomato, caramelized onions] 608 kcal **-23,00 ZŁ**

