

**MONDAY 27.04**

**SANDWICHES & WRAPS:**

- English-style bagel with a fried egg and bacon 616 kcal - **14,00 ZŁ**
- Ciabatta with an egg and tartar sauce 467 kcal - **12,00 ZŁ** ✓
- Italian-style seeded roll with pesto, mozzarella, and tomato 566 kcal - **13,00 ZŁ** ✓
- Roll with chicken, mozzarella, jalapeño, and caramelized onions 688 kcal - **14,00 ZŁ**
- Classic hot dog - ham, cheese, vegetables 491 kcal - **13,00 ZŁ**
- Longer with breaded strips and BBQ sauce 480 kcal - **15,00 ZŁ**

**BREAKFAST:**

- Chia yogurt + strawberry mousse + muesli 364 kcal - **11,00 ZŁ** ✓
- Rafaello oatmeal 605 kcal - **11,00 ZŁ** ✓
- Shakshuka served with croutons 398 kcal - **15,00 ZŁ** ✓

**LUNCHES:**

- Indian butter chicken served with rice 611 kcal - **22,00 ZŁ**
- Pork loin in horseradish sauce, potato boats, dill salad 512 kcal - **22,00 ZŁ**
- Pork chop with mashed potatoes and sautéed cabbage 468 kcal - **22,00 ZŁ**
- Chicken wrapped in bacon in zucchini sauce with mashed potatoes and salad 670 kcal - **23,00 ZŁ**
- Keto tenderloin in pepper sauce + green beans 377 kcal - **24,00 ZŁ** **KETO**
- Gnocchi with basil sauce, green peas and Parmesan cheese 844 kcal - **20,00 ZŁ** ✓ **NEW**
- Carrot patties with white beans + mashed cauliflower + salad 653 kcal - **20,00 ZŁ** ✓
- Spaghetti carbonara 853 kcal - **20,00 ZŁ**
- Dumplings with spinach, feta cheese, and mozzarella served with garlic sauce 1080 kcal - **17,50 ZŁ** ✓
- Green dumplings with chicken and garlic dip 1003 kcal - **17,50 ZŁ**
- Gyoza dumplings with pork and vegetables + soy sauce 509 kcal - **19,00 ZŁ**
- Pancakes with mascarpone cream and raspberry jam 941 kcal - **20,00 ZŁ** ✓
- Pancakes with Bolognese filling + tomato dip 712 kcal - **22,00 ZŁ**

**SALADS:**

- Salad with roasted beets, feta cheese, toasted nuts, orange, and dressing 418 kcal - **21,00 ZŁ** ✓
- Salad with chicken, orange segments, sunflower seeds, and honey-mustard dressing 427 kcal - **23,00 ZŁ**

**LUNCH OF THE DAY**

Pork chop with mashed potatoes and sautéed cabbage + Soup **29,00 ZŁ**

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We use fresh ingredients, the availability of which may vary. For this reason, the menu is subject to change.



**DRINKS:**

- Chocolate protein shake 313 kcal - **12,00 ZŁ**
- Wild berry smoothie with honey 191 kcal - **13,00 ZŁ**
- Mango lassi 306 kcal - **13,00 ZŁ**
- Lavender lemonade 56 kcal - **9,00 ZŁ**
- Pigwolada 106 kcal - **14,00 ZŁ**

**DESSERTS:**

- Apple Pie 301 kcal - **10,00 ZŁ**
- Raspberry Chia Pudding 372 kcal - **12,00 ZŁ**
- Dubai Chocolate Dessert 725 kcal - **16,00 ZŁ**
- Coconut pudding dessert with jam on a shortcrust crust 420 kcal - **14,00 ZŁ**

**SOUPS:**

- Cream of Pickled Cucumber Soup with Mountain Cheese 324 kcal - **13,00 ZŁ**
- Mushroom Soup with Noodles 377 kcal - **13,00 ZŁ**

**ROLLS:**

- Chicken and Vegetable Rolls + Honey Mustard Sauce 612 kcal - **19,00 ZŁ**

**BURGER:**

- Black-and-white bao buns with shredded teriyaki chicken, cucumber, peanuts, and cilantro 666 kcal - **26,00 ZŁ**



**TUESDAY 28.04**

### SANDWICHES & WRAPS:

- Pork Loin "Burger" 627 kcal - **16,00 ZŁ**
- Breadstick with egg spread and sprouts 390 kcal - **11,00 ZŁ** ✓
- Ciabatta with lettuce, Gouda, and pickled peppers 517 kcal - **12,00 ZŁ**
- Seeded roll with tuna spread and pickled cucumber 449 kcal - **12,00 ZŁ**
- Seeded roll with cheddar, chicken, and American sauce 561 kcal - **14,00 ZŁ** NEW
- Longer with breaded strips and BBQ sauce 480 kcal - **15,00 ZŁ**

### BREAKFAST:

- Yogurt + peach + chocolate crunch 264 kcal - **11,00 ZŁ**
- Vanilla semolina pudding with raspberry mousse and almonds 414 kcal - **12,00 ZŁ**
- Baked rolls with mushrooms, cheese, and egg 348 kcal - **14,00 ZŁ**

### LUNCHES:

- Breaded chicken cutlet with mashed potatoes and gherkins 419 kcal - **23,00 ZŁ**
- Devolay with butter, served with roasted potatoes and coleslaw 805 kcal - **22,00 ZŁ**
- Pork loin in gravy with potatoes and red cabbage 484 kcal - **22,00 ZŁ** NEW
- Chicken in butter sauce served with broccoli and Parmesan cheese 755 kcal - **24,00 ZŁ** **KETO**
- Lazy dumplings with vanilla yogurt and strawberry mousse 544 kcal - **19,00 ZŁ** ✓
- Vegetarian meatballs in dill sauce + mashed potatoes + carrot salad 589 kcal - **23,00 ZŁ** ✓
- Penne with spinach and ricotta 964 kcal - **20,00 ZŁ** ✓
- Penne in a cream and Parmesan sauce with grilled vegetables and chicken 921 kcal - **23,00 ZŁ**
- Russian dumplings with a onion topping 840 kcal - **17,50 ZŁ** ✓
- Green dumplings with chicken and garlic dip 1003 kcal - **17,50 ZŁ**
- Spinach gyoza dumplings with vegetables + soy sauce 365 kcal - **18,00 ZŁ** ✓
- Cheese crepes with chicken and vegetables 802 kcal - **22,00 ZŁ** NEW
- Bounty crepes 1002 kcal - **18,00 ZŁ** ✓

### SALADS & BOWLS

- Caesar Salad with Chicken 631 kcal - **23,00 ZŁ**
- Niçoise Salad with Tuna 684 kcal - **25,00 ZŁ**
- Bowl with Quinoa, Roasted Sweet Potatoes, Cherry Tomatoes, Avocado, and Egg + Dressing 785 kcal - **25,00 ZŁ** ✓

### LUNCH OF THE DAY

Devolay with butter, served with roasted potatoes and coleslaw  
+ Soup **29,00 ZŁ**

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### DRINKS:

- Pistachio protein shake 424 kcal - **13,00 ZŁ**
- Mango, pineapple, orange, strawberry smoothie 174 kcal - **13,00 ZŁ**
- Peach and strawberry smoothie 322 kcal - **12,00 ZŁ**
- Raspberry lemonade 56 kcal - **9,00 ZŁ**
- Pigwolada 106 kcal - **14,00 ZŁ**

### DESSERTS:

- Raspberry Tofu Cake with Chocolate Glaze 347 kcal - **11,00 ZŁ**
- Oreo-Style Dessert 567 kcal - **11,00 ZŁ**
- Pistachio Tiramisu 595 kcal - **13,00 ZŁ**
- Chocolate tapioca pudding with mango and cream 389 kcal - **13,00 ZŁ** NEW
- Forest moss dessert with gingerbread cream 414 kcal - **12,00 ZŁ**

### SOUPS:

- Tomato soup with shell pasta 276 kcal - **11,00 ZŁ** ✓
- Cream of cauliflower soup 261 kcal - **12,00 ZŁ** ✓

### ROLLS:

- Spring rolls (chicken/beef/shrimp) + sweet and spicy sauce 319 kcal - **19,00 ZŁ** 🍡

### BURGER

- Beef burger with vegetables, onion rings, and BBQ sauce 632 kcal - **23,00 ZŁ**



**WEDNESDAY 29.04**

**SANDWICHES & WRAPS:**

- Caesar Bagel 626 kcal - **16,00 ZŁ**
- Seeded Roll with Ham, Egg, and Pickled Cucumber 445 kcal - **12,00 ZŁ**
- Seeded Roll with Cream Cheese, Salmon, and Mayonnaise 530 kcal - **13,00 ZŁ**
- Ciabatta with arugula, Camembert, and cranberry jam 522 kcal - **14,00 ZŁ** ✓
- Roll with lettuce and Mazdamer cheese 436 kcal - **12,50 ZŁ** ✓
- Longer with breaded strips and BBQ sauce 480 kcal - **15,00 ZŁ**
- Wrap z kurczakiem i dipem mango jalapeno 417 kcal - **18,00 ZŁ**

**BREAKFAST:**

- Caramel Oatmeal with Flaxseed, Bran, and Cranberries 469 kcal - **12,00 ZŁ** ✓
- Apple Pancakes + Sour Cream + Jam 702 kcal - **15,00 ZŁ** ✓
- Hard-boiled eggs with a cucumber, radish, and chive sauce + bread 470 kcal - **16,00 ZŁ** ✓

**LUNCHES:**

- Ground meat with mashed potatoes and beets 616 kcal - **22,00 ZŁ**
- Teriyaki chicken with rice and coleslaw 517 kcal - **22,00 ZŁ**
- Chicken breast stuffed with spinach, mozzarella, and tomatoes + dill mashed potatoes + Chinese cabbage salad 511 kcal - **22,00 ZŁ** NEW
- Pork tenderloin in mustard sauce with potato dumplings and beet salad 745 kcal - **24,00 ZŁ**
- Keto chicken in carbonara sauce + zucchini noodles 678 kcal - **24,00 ZŁ** **KETO**
- Cheese and egg patties + mashed potatoes + carrot salad 649 kcal - **21,00 ZŁ** ✓
- Pasta with ground beef, vegetables, and Parmesan cheese 556 kcal - **23,00 ZŁ**
- Rigatoni in romesco sauce with burrata and basil 738 kcal - **23,00 ZŁ** ✓
- Russian dumplings with onion topping 840 kcal - **17,50 ZŁ** ✓
- Green dumplings with chicken and garlic dip 1003 kcal - **17,50 ZŁ**
- Gyoza dumplings with chicken and vegetables 394 kcal - **18,00 ZŁ**
- Pancakes with broccoli and chicken + bell pepper dip 930 kcal - **22,00 ZŁ**
- Sweet cheese pancakes with chocolate sauce 762 kcal - **18,00 ZŁ** ✓

**SALADS:**

- Chicken salad with pear, blue cheese, and nuts + honey-mustard dip 546 kcal - **23,00 ZŁ**
- Arugula salad with chicken, mountain cheese, and cranberry jam 424 kcal - **23,00 ZŁ**
- Italian salad with mozzarella, artichokes, olives, sun-dried tomatoes + dressing 711 kcal - **23,00 ZŁ** ✓

**LUNCH OF THE DAY**

Ground meat with mashed potatoes and beets + Soup **29,00 ZŁ**

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**DRINKS:**

- Snickers Protein Shake 454 kcal - **12,00 ZŁ**
- Strawberry Smoothie with Chia 288 kcal - **12,50 ZŁ**
- Vitamin Smoothie [orange, banana, spinach, ginger, chia] 220 kcal - **13,00 ZŁ**
- Lemonade 56 kcal - **9,00 ZŁ**
- Pigwolada 106 kcal - **14,00 ZŁ**

**DESSERTS:**

- Carrot Cake with Creamy Frosting 509 kcal - **10,00 ZŁ**
- Lactose-free halva pudding made with coconut milk 460 kcal - **12,00 ZŁ**
- Raspberry Cloud dessert 588 kcal - **12,00 ZŁ**
- 3-Bit dessert 487 kcal - **12,00 ZŁ**
- Strawberry tiramisu 396 kcal - **12,00 ZŁ**

**SOUPS:**

- Cream of bell pepper soup with mozzarella balls and toasted pumpkin seeds 313 kcal - **12,00 ZŁ** ✓
- Chicken broth with noodles 227 kcal - **12,00 ZŁ**

**ROLLS:**

- Spring rolls with chicken and blanched cabbage with carrots + peanut dip 612 kcal - **19,00 ZŁ**
- Rolls with smoked salmon, spinach, and dill sauce 614 kcal - **21,00 ZŁ**

**BURGER:**

- Beef burger with a potato patty 721 kcal - **25,00 ZŁ**



**CZWARTEK 30.04**

**SANDWICHES & WRAPS:**

- Italian-style seeded roll with pesto, mozzarella, and tomato 566 kcal - **13,00 ZŁ** ✓
- Ciabatta with chicken, fried egg, cheddar, and tartar sauce 630 kcal - **14,00 ZŁ**
- Bagel with cream cheese, radishes, and chives 294 kcal - **11,00 ZŁ** ✓
- Baguette with egg spread, chives, and pickled cucumber 391 kcal - **12,00 ZŁ** ✓
- Roll with chicken, mozzarella, jalapeño, and caramelized onions 668 kcal - **14,00 ZŁ**
- Roll with salami, garlic sauce, olives, lettuce, pickled cucumber, and sprouts 713 kcal - **12,00 ZŁ**
- Longer with breaded strips and BBQ sauce 480 kcal - **15,00 ZŁ**

**BREAKFAST:**

- Strawberry yogurt with chocolate crunch 275 kcal - **11,00 ZŁ** ✓
- Oatmeal with raspberry jam, chocolate sauce, and coconut 478 kcal - **12,00 ZŁ** ✓
- Chicken, cheese, and tomato tart 349 kcal - **11,00 ZŁ**

**LUNCHES:**

- Chicken cutlet with jacket potatoes + ranch sauce 558 kcal - **23,00 ZŁ**
- Lasagna with beef and pork in béchamel sauce with Parmesan cheese 843 kcal - **22,00 ZŁ**
- Thai-style chicken in sweet and sour sauce served with rice 570 kcal - **22,00 ZŁ**
- Stroganoff with potato dumplings and pickled cucumber 535 kcal - **24,00 ZŁ**
- Keto beef in tomato sauce with cauliflower rice 723 kcal - **25,00 ZŁ** **KETO**
- Vegetarian meatballs in vegetarian gravy with mashed potatoes served with peas and coleslaw 411 kcal - **22,00 ZŁ** ✓
- Risotto with asparagus, peas, and Parmesan 603 kcal - **22,00 ZŁ** ✓ **NEW**
- Pasta in creamy zucchini sauce with chorizo 826 kcal - **21,00 ZŁ**
- Four-Cheese Pasta 755 kcal - **22,00 ZŁ** ✓
- Dumplings with spinach, feta, and mozzarella served with garlic sauce 1080 kcal - **17,50 ZŁ** ✓
- Green dumplings with chicken and garlic dip 1003 kcal - **17,50 ZŁ**
- Beef gyoza dumplings 410 kcal - **20,00 ZŁ**
- Pancakes with Russian filling + bacon topping 746 kcal - **20,00 ZŁ**
- Stracciatella pancakes 786 kcal - **20,00 ZŁ** ✓

**SALADS & BOWLS**

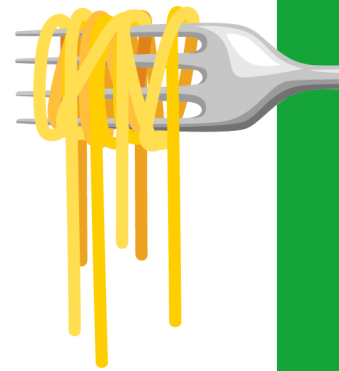
- Gyros Salad 432 kcal - **23,00 ZŁ**
- Salad with roasted cottage cheese, parsley, sweet potatoes, apricots, and balsamic cream 488 kcal - **23,00 ZŁ** ✓
- Poke bowl with panko-crust shrimps 703 kcal - **25,00 ZŁ**

**LUNCH OF THE DAY**

Chicken cutlet with jacket potatoes + ranch dressing + Soup **29,00 ZŁ**

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**DRINKS:**

- Salted Caramel Protein Shake with Lactose-Free Milk 290 kcal - **12,00 ZŁ**
- Currant Smoothie with Honey and Mint 284 kcal - **13,00 ZŁ**
- Cherry, Raspberry, and Blueberry Smoothie 275 kcal - **14,00 ZŁ**
- Mandarin Lemonade 56 kcal - **9,00 ZŁ**
- Pigwiodła 106 kcal - **14,00 ZŁ**

**DESSERTS:**

- Yogurt cheesecake with a strawberry layer on an oatmeal crust 235 kcal - **11,00 ZŁ**
- Creamy mascarpone dessert with mandarins and sponge cake 438 kcal - **14,00 ZŁ**
- Coconut panna cotta with raspberry mousse and almond flakes 471 kcal - **14,00 ZŁ** **NEW**
- Tapioca with blueberry mousse and caramelized walnuts 389 kcal - **12,00 ZŁ**

**SOUPS:**

- French garlic soup 356 kcal - **12,00 ZŁ** ✓
- Spicy Thai soup served with chicken and rice noodles 529 kcal - **18,00 ZŁ** ✓
- Ukrainian borscht with egg 245 kcal - **13,00 ZŁ** ✓

**ROLLS:**

- Spring rolls (chicken/beef/shrimp) + hoisin sauce 407 kcal - **19,00 ZŁ**
- Chicken and vegetable rolls + honey mustard sauce 612 kcal - **19,00 ZŁ**

**BURGER / BAO BAO:**

- Bao bao buns with pulled BBQ chicken, red cabbage slaw, cucumber, and sesame seeds 682 kcal - **25,00 ZŁ**
- Burger with breaded cheese, arugula, and cranberries 691 kcal - **25,00 ZŁ**

