

TUESDAY 05.05

SANDWICHES & WRAPS:

- Chicken finger with jalapeño, corn, lettuce, and garlic sauce 727 kcal - **14,00 ZŁ** 🌶️
- Ciabatta with arugula, Camembert, and cranberry jam 522 kcal - **13,50 ZŁ** 🌿
- Seeded roll with cream cheese, radishes, and chives 376 kcal - **11,00 ZŁ** 🌿
- Roll with tuna spread and bell pepper 406 kcal - **13,00 ZŁ**
- Bagel with ham, egg, and pickled cucumber 427 kcal - **13,00 ZŁ** NEW
- Wrap with gyros and Mexican dip 428 kcal - **16,00 ZŁ** NEW

BREAKFAST:

- Vanilla semolina pudding with roasted apples and nuts 419 kcal - **12,00 ZŁ** 🌿
- Mini croissants served with strawberry cream cheese and fruit 488 kcal - **13,00 ZŁ** 🌿 NEW

LUNCHES:

- Pork tenderloin in chanterelle sauce with potato dumplings and beets 694 kcal - **24,00 ZŁ**
- Indian-style turkey tikka masala served with rice and broccoli 468 kcal - **22,00 ZŁ**
- Dumplings with meat + sauerkraut 709 kcal - **22,00 ZŁ**
- Ground meat with mashed potatoes and beets 616 kcal - **22,00 ZŁ**
- Hawaiian-style chicken cutlet + rice + mixed vegetables 582 kcal - **23,00 ZŁ**
- Chicken in thyme sauce + cauliflower purée + cucumber salad 756 kcal - **24,00 ZŁ** KETO
- Vegetarian cauliflower cutlets with purée and beets 353 kcal - **19,00 ZŁ** 🌿
- Pasta in cream sauce with fava beans, feta, and pistachios 561 kcal - **20,00 ZŁ** 🌿
- Meat dumplings with onion topping 1008 kcal - **17,50 ZŁ**
- Dumplings with mushrooms and Gouda cheese 833 kcal - **17,50 ZŁ** 🌿
- Gyoza dumplings with chicken and vegetables + soy sauce 464 kcal - **18,00 ZŁ**
- Pancakes with Bolognese filling + tomato dip 712 kcal - **22,00 ZŁ**
- Pancakes with mascarpone-kajmak cream and cherry compote 1037 kcal - **19,00 ZŁ** 🌿

SALADS & BOWLS:

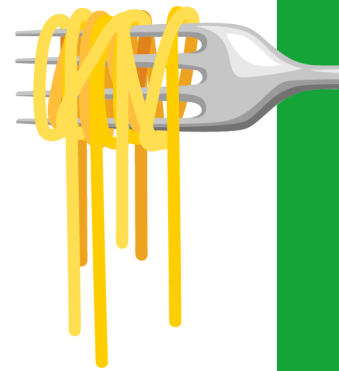
- Salad with mozzarella, cherry tomatoes, olives, and sun-dried tomatoes + pesto dressing 552 kcal - **22,00 ZŁ** 🌿
- Salad with peaches, goat cheese, walnuts, and dressing 813 kcal - **23,00 ZŁ** 🌿
- Bowl with whole-grain pasta, chicken, and vegetables + mixed grains, dressing 828 kcal - **25,00 ZŁ**

LUNCH OF THE DAY

Ground meat with mashed potatoes and beets
+ Soup **29,00 ZŁ**

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We use fresh ingredients, the availability of which may vary.
For this reason, the menu is subject to change.



DRINKS:

- Chocolate-Pistachio Protein Shake 343 kcal - **13,00 ZŁ**
- Cherry-Orange Smoothie 291 kcal - **14,00 ZŁ**
- Strawberry Smoothie with Chia 288 kcal - **12,50 ZŁ**
- Mandarin lemonade 56 kcal - **9,00 ZŁ**
- Pigwolada 106 kcal - **14,00 ZŁ**
- Pigwolada with black tea 106 kcal - **14,00 ZŁ**
- Pigwolada with green tea 106 kcal - **14,00 ZŁ**

DESSERTS:

- Wheat apple pie with plums 269 kcal - **11,00 ZŁ**
- Currant yogurt with oat bran and chocolate, topped with a biscuit and almond crumble 368 kcal - **12,00 ZŁ**
- Coconut pudding dessert with jam on a shortcrust base 420 kcal - **14,00 ZŁ**
- Raspberry cloud dessert 588 kcal - **12,00 ZŁ**

SOUPS:

- Beet soup with green beans and an egg 315 kcal - **12,00 ZŁ** 🌿
- Cream of pumpkin soup with toasted pumpkin seeds and feta cheese 452 kcal - **12,00 ZŁ** 🌿

ROLLS:

- Rolls with lettuce, ham, and cheese 844 kcal - **18,00 ZŁ**

BURGER:

- Bao bao buns with shredded teriyaki chicken, cucumber, peanuts, and cilantro 681 kcal - **25,00 ZŁ**



WEDNESDAY 06.05

SANDWICHES & WRAPS:

- Seeded bagel with a fried egg, bacon, and caramelized onions 651 kcal - **14,00 ZŁ**
- Seeded roll with lettuce, cheese, and pickled cucumber 502 kcal - **12,00 ZŁ** ✓
- Ciabatta with Sopot tenderloin, Mazdamer cheese, and tomato 469 kcal - **13,00 ZŁ**
- Baguette with egg spread and sprouts 390 kcal - **11,00 ZŁ** ✓
- Roll with grilled eggplant and bell pepper spread 322 kcal - **10,00 ZŁ** ✓
- Longer with breaded strips and BBQ sauce 480 kcal - **15,00 ZŁ**

BREAKFAST:

- Yogurt + blueberry fruit puree
- + crunchy topping 321 kcal - **12,00 ZŁ** ✓
- Oatmeal with banana and dulce de leche 410 kcal - **12,00 ZŁ** ✓

LUNCHES:

- Indian-style chicken karahi with rice 515 kcal - **22,00 ZŁ**
- Firefighter-style cutlets + mashed potatoes + beets with horseradish 592 kcal - **22,00 ZŁ**
- Viennese-style pork chop with mashed potatoes and cucumber salad 626 kcal - **23,00 ZŁ**
- Chicken skewers with vegetables, potatoes, and tzatziki sauce 553 kcal - **24,00 ZŁ**
- Keto cauliflower patties with goulash 817 kcal - **25,00 ZŁ** **KETO**
- Potato patties in chanterelle sauce
- + pearl couscous + salad 726 kcal - **21,00 ZŁ** ✓
- Ravioli with spinach and ricotta in Parmesan sauce 803 kcal - **23,00 ZŁ** ✓
- Noodles with beans and chicken 613 kcal - **22,00 ZŁ** **NEW**
- Russian dumplings with onion topping 840 kcal - **17,50 ZŁ** ✓
- Dumplings with mushrooms and Gouda cheese 833 kcal - **17,50 ZŁ** ✓
- Gyoza dumplings with pork and vegetables + soy sauce 509 kcal - **19,00 ZŁ**
- Pancakes with leek, zucchini, and cheese 670 kcal - **22,00 ZŁ** ✓
- Pancakes with roasted apple and toffee sauce 615 kcal - **18,00 ZŁ** ✓

SALADS & BOWLS:

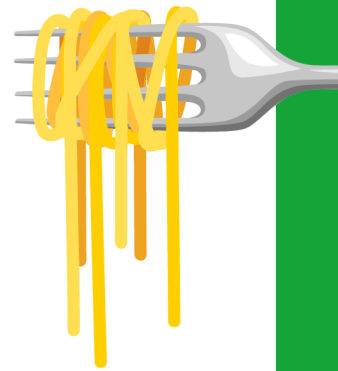
- Tortellini Salad with Spinach and Ricotta, Sun-Dried Tomatoes, Parmesan, and Basil Olive Oil 591 kcal - **23,00 ZŁ** ✓
- Salad with roasted carrots, chickpeas, caprese cheese, and orange vinaigrette 708 kcal - **22,00 ZŁ** ✓
- Thai-style bowl with chicken 477 kcal - **25,00 ZŁ**

LUNCH OF THE DAY

Firehouse-style cutlets + mashed potatoes + beets with horseradish + Soup **29,00 ZŁ**

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DRINKS:

- Salted Caramel Protein Shake made with lactose-free milk 290 kcal - **12,00 ZŁ**
- Cherry, Raspberry, and Blueberry Smoothie 275 kcal - **14,00 ZŁ**
- Mango Lassi 306 kcal - **13,00 ZŁ**
- Lavender Lemonade 56 kcal - **9,00 ZŁ**
- Pigwolada 106 kcal - **14,00 ZŁ**
- Pigwolada with black tea 106 kcal - **14,00 ZŁ**
- Pigwolada with green tea 106 kcal - **14,00 ZŁ**

DESSERTS:

- Sponge cake with rhubarb mousse and whipped cream 473 kcal - **13,00 ZŁ**
- Caffe Latte dessert 860 kcal - **14,00 ZŁ**
- Pistachio tiramisu 595 kcal - **13,00 ZŁ**
- Chocolate-plum dessert with mascarpone cream 727 kcal - **14,00 ZŁ**

SOUPS:

- Cream of tomato soup with basil and mozzarella 291 kcal - **12,00 ZŁ** ✓
- Horseradish soup with egg 296 kcal - **11,00 ZŁ** ✓

ROLLS:

- Chicken and blanched cabbage spring rolls with carrots + peanut dip 612 kcal - **19,00 ZŁ**
- Chicken and vegetable rolls + honey mustard sauce 612 kcal - **19,00 ZŁ**

BAO BAO

- Bao bao buns with shredded teriyaki chicken, cucumber, peanuts, and cilantro 681 kcal - **25,00 ZŁ**
- Black burger with beef, vegetables, onion rings, and BBQ sauce 662 kcal - **24,00 ZŁ**



THURSDAY 07.05

SANDWICHES & WRAPS:

- Pork chop "burger" 627 kcal - **16,00 ZŁ**
- Roll with cottage cheese, cold cuts, and bell peppers 300 kcal - **13,00 ZŁ**
- Roll with lettuce and Mazdamer cheese 436 kcal - **12,50 ZŁ** ✓
- Ciabatta with chicken, fried egg, cheddar, and tartar sauce 630 kcal - **14,00 ZŁ**
- Seeded roll with egg spread 399 kcal - **11,00 ZŁ** ✓
- Seeded roll with tuna spread and pickled cucumber 459 kcal - **12,00 ZŁ**
- Longer with breaded strips and BBQ sauce 480 kcal - **15,00 ZŁ**
- Wrap with chicken and mango jalapeño dip 417 kcal - **18,00 ZŁ** 🌶️

BREAKFAST:

- Yogurt + raspberry mousse + muesli 319 kcal - **11,00 ZŁ**
- Halva oatmeal 429 kcal - **11,00 ZŁ**

LUNCHES:

- Chicken and bean tacos 420 kcal - **20,00 ZŁ**
- Chicken korma with rice 842 kcal - **22,00 ZŁ**
- Devolay with cheese and mushrooms served with dill mashed potatoes and cucumber salad 645 kcal - **23,00 ZŁ**
- Pork loin with roasted potatoes and gravy + beets 586 kcal - **22,00 ZŁ**
- Potato dumplings with meat and onions + sauerkraut with carrots 542 kcal - **22,00 ZŁ**
- Panko-crusted chicken with curry rice and Chinese cabbage salad 605 kcal - **22,00 ZŁ** NEW
- Keto-style baked salmon in a cream and spinach sauce with keto pumpkin purée and coleslaw 713 kcal - **26,00 ZŁ** **KETO**
- Broccoli patties with mozzarella + purée + salad 509 kcal - **20,00 ZŁ** ✓
- Italian-style stuffed peppers with herb and cucumber dip 563 kcal - **23,00 ZŁ**
- Vegetarian spaghetti Bolognese with Parmesan 550 kcal - **22,00 ZŁ** ✓
- Thai-style pasta with tomato sauce and turkey 580 kcal - **22,00 ZŁ** NEW
- Dumplings with mushrooms and Gouda cheese 833 kcal - **17,50 ZŁ** ✓
- Russian dumplings with onion topping 840 kcal - **17,50 ZŁ** ✓
- Chicken/vegetable gyoza dumplings + soy sauce + pickled ginger 421 kcal - **18,00 ZŁ**
- Chocolate crepes with peach jam 686 kcal - **19,00 ZŁ** ✓ NEW
- Crepes with spinach, feta, and chicken + garlic dip 776 kcal - **22,00 ZŁ**

SALADS & BOWLS:

- Hawaiian-style bowl with pearl couscous, turkey, and pineapple 585 kcal - **25,00 ZŁ**
- Salad with feta cheese, tomatoes, yellow bell peppers, olives, and basil dressing 588 kcal - **22,00 ZŁ** ✓
- Salad with chicken, orange segments, sunflower seeds, and honey-mustard dressing 427 kcal - **23,00 ZŁ**

LUNCH OF THE DAY

Devolay with cheese and mushrooms, served with dill mashed potatoes and cucumber salad + Soup **29,00 ZŁ**

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DRINKS:

- Tiramisu-style protein shake 234 kcal - **12,00 ZŁ**
- Tropical smoothie [pineapple, mango, passion fruit, orange, banana] 255 kcal - **13,00 ZŁ**
- Raspberry-strawberry smoothie with oat bran 313 kcal - **13,00 ZŁ**
- Mojito lemonade 56 kcal - **9,00 ZŁ**
- Pigwolada 106 kcal - **14,00 ZŁ**
- Pigwolada with black tea 106 kcal - **14,00 ZŁ**
- Pigwolada with green tea 106 kcal - **14,00 ZŁ**

DESSERTS:

- Carrot cake with creamy frosting 509 kcal - **10,00 ZŁ**
- Stracciatella dessert with crumb topping 426 kcal - **11,00 ZŁ**
- Raspberry dessert with coconut cream on a crumbly crust 471 kcal - **12,00 ZŁ**
- Dubai chocolate dessert 725 kcal - **16,00 ZŁ**
- Chocolate tapioca with orange and chocolate shavings 282 - **14,00 ZŁ**

SOUPS:

- Goulash soup 165 kcal - **18,00 ZŁ**
- Cream of mushroom soup with porcini mushrooms 211 kcal - **15,00 ZŁ** ✓

ROLLS:

- Spring rolls (chicken/beef/shrimp) + sweet and spicy sauce 319 kcal - **19,00 ZŁ**
- Rolls with smoked salmon, spinach, and dill sauce 614 kcal - **21,00 ZŁ**

BAO BAO:

- Caesar Burger 582 kcal - **22,00 ZŁ**

SNACKS:

- Mini vegetable spring rolls with a sweet and spicy dip 582 kcal - **22,00 ZŁ**



FRIDAY 08.05

SANDWICHES & WRAPS:

- Caesar Bagel 626 kcal - **16,00 ZŁ**
- Whole-grain roll with bell pepper hummus, cherry tomatoes, arugula, and chives 432 kcal - **10,00 ZŁ** ✓
- Seeded roll with cream cheese, radishes, and chives 376 kcal - **11,00 ZŁ** ✓
- Ciabatta with cream cheese and salmon 443 kcal - **13,00 ZŁ** NEW
- Gyros finger roll with Mexican dip 425 kcal - **12,00 ZŁ**
- Roll with green pesto, sun-dried tomatoes, and mozzarella 531 kcal - **13,00 ZŁ** ✓
- Longer roll with breaded strips and BBQ sauce 480 kcal - **15,00 ZŁ**

BREAKFAST:

- Yogurt + peach + chocolate crunch 264 kcal - **11,00 ZŁ** ✓
- Coconut millet porridge with mango-passion fruit jam 309 kcal - **12,00 ZŁ** ✓
- Tart with chanterelles, Gorgonzola, and walnuts 457 kcal - **12,00 ZŁ** ✓

LUNCHES:

- Breaded pollock with dill mashed potatoes and braised cabbage 413 kcal - **24,00 ZŁ**
- Chicken cutlet with Hasselback potatoes + ranch dressing 656 kcal - **22,00 ZŁ**
- Szechuan-style chicken with rice 543 kcal - **22,00 ZŁ**
- Falafel in saffron sauce served with couscous and cucumber salad 672 kcal - **20,00 ZŁ** NEW ✓
- Spaghetti aglio, olio e peperoncino 587 kcal - **20,00 ZŁ** ✓
- Black pasta in butter sauce with shrimp, roasted cherry tomatoes and parsley 775 kcal - **26,00 ZŁ**
- Russian dumplings with onion topping 840 kcal - **17,50 ZŁ** ✓
- Dumplings with mushrooms and Gouda cheese 833 kcal - **17,50 ZŁ** ✓
- Spinach gyoza dumplings with vegetables + soy sauce 365 kcal - **18,00 ZŁ** ✓
- Pancakes with cabbage and mushrooms 620 kcal - **21,00 ZŁ** ✓
- Pancakes with cottage cheese and strawberry jam 686 kcal - **20,00 ZŁ** ✓

SALADS & BOWLS:

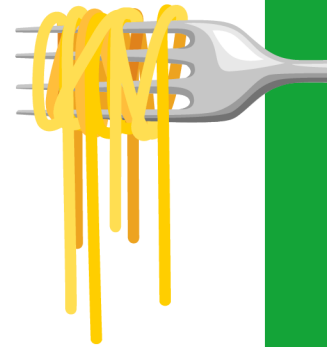
- Vegetable salad with grilled halloumi and garlic dressing 471 kcal - **23,00 ZŁ** ✓
- Salad with chicken, pasta, sun-dried tomatoes, roasted sunflower seeds, and honey-mustard dressing 539 kcal - **22,00 ZŁ**
- Poke bowl with teriyaki salmon 731 kcal - **25,00 ZŁ**

LUNCH OF THE DAY

Breaded pollock with dill mashed potatoes and braised cabbage + Soup **32,00 ZŁ**

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DRINKS:

- Bounty Protein Shake 322 kcal - **12,00 ZŁ**
- Strawberry Lassi 191 kcal - **13,00 ZŁ**
- Currant Smoothie with Honey and Mint 284 kcal - **13,00 ZŁ**
- Lemonade 66 kcal - **9,00 ZŁ**
- Pigwolada 106 kcal - **14,00 ZŁ**
- Pigwolada with black tea 106 kcal - **14,00 ZŁ**
- Pigwolada with green tea 106 kcal - **14,00 ZŁ**

DESSERTS:

- Healthy brownie with cherries and chocolate glaze 272 kcal - **11,00 ZŁ**
- Chocolate belriso with raspberries and pistachio cream 404 kcal - **12,00 ZŁ** NEW
- Mascarpone cream with roasted peaches and oatmeal crumble 484 kcal - **12,00 ZŁ**

SOUPS:

- Tomato soup with past 324 kcal - **11,00 ZŁ** ✓
- Cream of potato and leek soup with roasted salmon 409 kcal - **16,00 ZŁ**

ROLLS:

- Spring rolls with shrimp and sweet chili sauce 571 kcal - **20,00 ZŁ** 🌶️

BURGER:

- Lumberjack-style burger with horseradish sauce 972 kcal - **27,00 ZŁ**

