

Menu

A tasty week starts here

Homemade flavors, fresh ingredients and everyday convenience.



Freshly prepared

We cook daily from top-quality fresh ingredients.



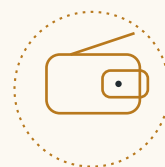
Varied menu

Different dishes every day - tasty and healthy.



Quick purchase

Order online in a few moments - save time.



Friendly prices

Great quality at a reasonable price every day.

 **Recommended today**
homemade lunches • light salads • hearty soups



Join our WhatsApp groups

Stay up to date with the menu, new items and promotions. Detailed information from our sales representatives.



MENU

MONDAY 25.05

fresh menu for the whole day

BREAKFAST

- Oatmeal with raspberry jam, chocolate topping and almond flakes - 467 kcal - 12,00 zł.

BUNS & WRAPS

- Grain roll with hard-boiled egg, chives, radish sprouts and tartar sauce - 472 kcal - 13,00 zł.
- Pork loin "burger" - 627 kcal - 16,00 zł.
- Classic light baguette roll - ham, cheese, vegetables - 478 kcal - 13,00 zł.
- Ciabatta with honey-mustard chicken, arugula and tomato - 495 kcal - 14,00 zł.
- Roll with salami, garlic sauce, olives, lettuce, pickled cucumber and sprouts - 713 kcal - 12,00 zł.
- Long sandwich with chicken strips and garlic sauce - 556 kcal - 15,00 zł.

SALADS

- Salad with chicken, fried corn, pepper and basil vinaigrette - 529 kcal - 24,00 zł.
- Quinoa bowl with beetroot, feta, orange, pumpkin seeds + balsamic cream - 432 kcal - 25,00 zł.

SOUPS

- Tom yum soup with chicken and rice noodles - 394 kcal - 16,00 zł.
- Spicy tomato and pepper cream soup with pumpkin seeds and feta cheese - 230 kcal - 10,00 zł.

LUNCHES

- Pork cutlet with onion, served with mashed potatoes and fried cabbage - 515 kcal - 22,00 zł.
- Swiss-style cutlet with roasted potatoes and white cabbage slaw - 737 kcal - 24,00 zł.
- Thai-style chicken in sweet and sour sauce, served with rice noodles - 535 kcal - 22,00 zł.
- Potato pancakes with Hungarian goulash - 719 kcal - 22,00 zł.
- Keto pork tenderloin in leek sauce + roasted vegetables - 478 kcal - 24,00 zł - **KETO**.
- Vegetarian cauliflower patties with mashed potatoes with peas and carrot-apple slaw - 410 kcal - 19,00 zł.
- Gnocchi in spinach and ricotta sauce - 885 kcal - 21,00 zł.
- Lasagne with beef and pork in bechamel sauce with parmesan - 843 kcal - 22,00 zł.
- Creamy pasta with chicken and ricotta - 677 kcal - 22,00 zł.
- Sweet cheese dumplings + sour cream - 934 kcal - 17,50 zł.
- Green pierogi with chicken and garlic dip - 901 kcal - 17,50 zł.
- Pancakes with vanilla cream cheese and Oreo cookies - 864 kcal - 18,00 zł.
- Pancakes with spinach, feta and chicken + garlic dip, 3 pcs. - 776 kcal - 22,00 zł.

DESSERTS

- Crumb cake with strawberries under a crumble topping - 401 kcal - 10,00 zł - **NEW**.
- Coconut tapioca pudding with mango mousse - 586 kcal - 13,00 zł.
- Nut dessert with mascarpone - 519 kcal - 11,00 zł.
- Pistachio tiramisu - 595 kcal - 13,00 zł.

ROLLS

- Panko shrimp rolls with sweet chilli sauce - 571 kcal - 20,00 zł.

DRINKS

- Pistachio protein shake 330 ml - 424 kcal - 14,00 zł.
- Tropical smoothie [pineapple, mango, passion fruit, orange, banana] 500 ml - 255 kcal - 13,00 zł.
- Strawberry chia smoothie 500 ml - 293 kcal - 12,50 zł.
- Blood orange lemonade - 56 kcal - 9,00 zł.
- Quince drink 320 ml - 106 kcal - 14,00 zł.
- Quince drink with green tea 320 ml - 106 kcal - 14,00 zł.
- Quince drink with black tea 320 ml - 106 kcal - 14,00 zł.

Today we highly recommend

Pork cutlet with onion, served with mashed potatoes and fried cabbage - 22,00 zł

MENU

TUESDAY 26.05

fresh menu for the whole day

BREAKFAST

- Yogurt with strawberry mousse + granola - 386 kcal - 11,00 zł.
- Milky Way oatmeal - 280 kcal - 12,00 zł.

BUNS & WRAPS

- Grain roll with sweet onion spread, cheese and vegetables - 523 kcal - 13,00 zł - **NEW**.
- Baguette roll with cheddar, chicken and American sauce - 548 kcal - 14,00 zł.
- Caesar bagel - 670 kcal - 16,00 zł.
- Roll with Sopot pork loin, Maasdam cheese and tomato - 443 kcal - 13,00 zł.
- Grain baguette roll with egg spread and sprouts - 403 kcal - 12,50 zł.
- Seeded roll with tuna spread and pickled cucumber - 459 kcal - 12,00 zł.
- Long sandwich with chicken strips and garlic sauce - 556 kcal - 15,00 zł.

SOUPS

- Barley soup - 293 kcal - 11,00 zł.
- Vegetable soup with green asparagus - 217 kcal - 15,00 zł - **NEW**.

LUNCHES

- Minced cutlet with mashed potatoes and carrots with peas - 645 kcal - 22,00 zł.
- Indian chicken karhi with rice - 484 kcal - 22,00 zł.
- Breaded chicken cutlet with mashed potatoes and gherkins - 419 kcal - 23,00 zł.
- Pork meatballs in mushroom sauce, slaw and mashed potatoes - 524 kcal - 22,00 zł - **KETO**.
- Risotto with asparagus, peas and parmesan - 603 kcal - 22,00 zł.
- Czech-style fried cheese with roasted potatoes and garlic sauce - 940 kcal - 22,00 zł.
- Penne with chicken in creamy herb sauce - 760 kcal - 22,00 zł.
- Sweet cheese dumplings + sour cream - 934 kcal - 17,50 zł.
- Potato and cheese pierogi with fried onion - 738 kcal - 17,50 zł.
- Gyoza with pork and vegetables + soy sauce, 9 pcs. - 509 kcal - 19,00 zł.
- Pancakes with cabbage and mushrooms - 620 kcal - 21,00 zł.
- Pancakes with roasted apple and toffee sauce - 615 kcal - 18,00 zł.

DESSERTS

- Lime cheesecake with matcha on a chocolate base - 315 kcal - 11,00 zł.
- Pistachio cream with kataifi + mascarpone + strawberry - 563 kcal - 12,00 zł.
- Dulce de leche tiramisu with roasted almonds - 517 kcal - 12,00 zł.
- Keto cheesecake dessert with blackberry jam - 615 kcal - 13,00 zł - **KETO**.

SALADS

- Chicken and vegetable rolls + honey-mustard sauce - 612 kcal - 19,00 zł.
- Salad with potatoes, broad beans, smoked tofu + yogurt-herb dressing - 519 kcal - 22,00 zł.
- Lumberjack salad [tomato, pickled cucumber, chicken, bacon, Gouda, crispy onion, dip] - 701 kcal - 22,00 zł.
- Teriyaki salmon poke bowl - 731 kcal - 25,00 zł.

DRINKS

- Tiramisu-style protein shake 330 ml - 234 kcal - 12,00 zł.
- Forest fruit smoothie with honey - 191 kcal - 13,00 zł.
- Mango, banana and orange smoothie 500 ml - 297 kcal - 11,00 zł.
- Mojito lemonade - 56 kcal - 9,00 zł.
- Quince drink 320 ml - 106 kcal - 14,00 zł.
- Quince drink with green tea 320 ml - 106 kcal - 14,00 zł.
- Quince drink with black tea 320 ml - 106 kcal - 14,00 zł.

SNACKS

- Mini spring rolls with vegetables and sweet-spicy dip, 6 pcs. - 456 kcal - 12,00 zł.

BURGERS

- Beef burger with egg, grilled asparagus, bacon chips and cheese sauce - 741 kcal - 27,00 zł.

Today we highly recommend

Breaded chicken cutlet with mashed potatoes and gherkins - 23,00 zł

MENU

WEDNESDAY 27.05

fresh menu for the whole day

BREAKFAST

- Yogurt + mango-passion fruit mousse + chocolate muesli - 296 kcal - 11,00 zł.
- Oatmeal with vanilla skyr and strawberries - 252 kcal - 11,00 zł - **NEW**.
- Tart with chicken, cheese and tomato - 349 kcal - 11,00 zł.

BUNS & WRAPS

- Baguette roll with BBQ chicken, pickled cucumber and crispy onion - 425 kcal - 13,50 zł.
- Roll with sun-dried tomato hummus, egg and chives - 416 kcal - 12,00 zł.
- Roll with lettuce and Maasdam cheese - 436 kcal - 12,50 zł.
- Ciabatta with chicken, fried egg, cheddar and tartar sauce - 616 kcal - 14,00 zł.
- Bagel with cheddar, bacon chips and thousand island sauce - 659 kcal - 14,00 zł.
- Long sandwich with chicken strips and garlic sauce - 556 kcal - 15,00 zł.

SALADS

- Pasta salad with cocktail shrimp and vegetables - 440 kcal - 25,00 zł.
- Mexican chicken salad - 425 kcal - 23,00 zł.
- Pearl couscous salad with vegetables + curry dip - 633 kcal - 22,00 zł.

DRINKS

- Chocolate protein shake 330 ml - 313 kcal - 12,00 zł.
- Strawberry-raspberry smoothie - 278 kcal - 13,00 zł.
- Mango lassi cocktail - 306 kcal - 13,00 zł.
- Lemon lemonade - 66 kcal - 9,00 zł.
- Quince drink 320 ml - 106 kcal - 14,00 zł.
- Quince drink with green tea 320 ml - 106 kcal - 14,00 zł.
- Quince drink with black tea 320 ml - 106 kcal - 14,00 zł.

LUNCHES

- Pork stroganoff with buckwheat groats and beets - 661 kcal - 22,00 zł.
- Chicken Kiev with cheese and mushrooms, served with mashed potatoes with dill and cucumber salad - 645 kcal - 23,00 zł.
- Chicken korma with rice - 850 kcal - 22,00 zł.
- Keto koftas in leek sauce + roasted vegetables and broccoli puree - 677 kcal - 23,00 zł - **KETO**.
- Zucchini and feta cutlets served with puree and carrot-orange slaw - 423 kcal - 20,00 zł.
- Tuscan-style pasta with chicken - 734 kcal - 23,00 zł.
- Pasta with asparagus and bacon - 988 kcal - 25,00 zł - **NEW**.
- Black pasta in butter sauce with salmon, roasted cherry tomatoes and parsley - 921 kcal - 26,00 zł.
- Green pierogi with chicken and garlic dip - 901 kcal - 17,50 zł.
- Potato and cheese pierogi with fried onion - 739 kcal - 17,50 zł.
- Gyoza dumplings with beef - 334 kcal - 20,00 zł.
- Sweet cheese pancakes with chocolate topping, 3 pcs. - 762 kcal - 18,00 zł.
- Pancakes with egg, Gouda and tuna - 817 kcal - 22,00 zł.

DESSERTS

- Apple pie - 301 kcal - 10,00 zł.
- Chia pudding with blueberry jam - 343 kcal - 14,00 zł.
- Mascarpone cream with roasted peach and oat crumble - 484 kcal - 12,00 zł.
- Chocolate panna cotta with raspberry fruit sauce - 492 kcal - 13,00 zł.

SOUPS

- Spring sorrel soup - 254 kcal - 11,00 zł - **NEW**.
- Red borscht with mushroom dumplings - 249 kcal - 14,00 zł.
- Vegetable soup with pasta - 336 kcal - 11,00 zł.

BAO BAO

- Bao buns with pulled BBQ chicken, red cabbage slaw, cucumber and sesame - 682 kcal - 25,00 zł.

Today we highly recommend

Pork stroganoff with buckwheat groats and beets - 22,00 zł

MENU

THURSDAY 28.05

fresh menu for the whole day

BREAKFAST

- Apple-pie-style oatmeal - 413 kcal - 11,00 zł.
- Baked rolls with ham, cheese and egg - 530 kcal - 16,00 zł.

BUNS & WRAPS

- Caesar bagel - 664 kcal - 16,00 zł.
- Grain roll with cottage cheese, radish and chives - 403 kcal - 11,00 zł.
- Baguette roll with egg spread, chives and pickled cucumber - 391 kcal - 12,00 zł.
- Pork loin "burger" - 528 kcal - 16,00 zł.
- Roll with sun-dried tomato spread, mozzarella, arugula and cucumber - 528 kcal - 13,00 zł - **NEW**.
- Roll with tuna and pepper spread - 406 kcal - 13,00 zł.
- Long sandwich with chicken strips and garlic sauce - 556 kcal - 15,00 zł.
- Beef burrito - 472 kcal - 20,00 zł.

SOUPS

- Spicy Thai soup with shrimp and rice noodles - 554 kcal - 22,00 zł.
- Pickled cucumber cream soup with rice - 338 kcal - 11,50 zł.
- Tomato soup with rice - 273 kcal - 11,00 zł.

ROLLS

- Spring rolls with chicken, blanched cabbage and carrot + peanut dip - 603 kcal - 19,00 zł.
- Chicken and vegetable rolls + honey-mustard sauce - 612 kcal - 19,00 zł.

SNACKS

- Gyoza dumplings [vegetable/chicken] + soy sauce - 303 kcal - 19,00 zł.

LUNCHES

- Pork cutlet baked with cheese + grilled mushrooms, roasted potatoes, pickled cucumber - 428 kcal - 22,00 zł.
- Chicken curry with rice - 620 kcal - 23,00 zł.
- Lviv-style cutlet with mashed potatoes and carrots with peas - 759 kcal - 22,00 zł.
- Chicken pocket stuffed with spinach and feta + mashed potatoes + beets - 504 kcal - 22,00 zł.
- Unstuffed cabbage rolls in tomato sauce with mashed potatoes - 710 kcal - 22,00 zł.
- White sausage with sour rye sauce, celery puree and young beet greens - 446 kcal - 25,00 zł - **KETO / NEW**.
- Cheese and egg cutlets + mashed potatoes + cucumber salad - 670 kcal - 21,00 zł.
- Rigatoni in romesco sauce with burrata and basil - 730 kcal - 23,00 zł.
- Pasta with minced beef, vegetables and parmesan - 554 kcal - 23,00 zł.
- Green pierogi with chicken and garlic dip - 901 kcal - 17,50 zł.
- Sweet cheese dumplings + sour cream - 934 kcal - 17,50 zł.
- Pancakes with leek, zucchini and cheese - 710 kcal - 22,00 zł.
- Pancakes with mascarpone cream and raspberry jam - 941 kcal - 20,00 zł.

SALADS

- Salad with egg, bacon, cherry tomatoes and corn + dressing - 741 kcal - 22,00 zł - **NEW**.
- Salad with buckwheat groats, beetroot, feta, orange and honey-mustard dressing - 560 kcal - 21,00 zł.
- BBQ chicken poke bowl - 751 kcal - 25,00 zł.

DRINKS

- Cookie-flavored protein shake 330 ml - 257 kcal - 11,00 zł.
- Orange-apple-carrot cocktail - 124 kcal - 12,00 zł - **NEW**.
- Blackcurrant smoothie with honey and mint - 284 kcal - 13,00 zł.
- Raspberry lemonade - 56 kcal - 9,00 zł.
- Quince drink 320 ml - 106 kcal - 14,00 zł.
- Quince drink with green tea 320 ml - 106 kcal - 14,00 zł.
- Quince drink with black tea 320 ml - 106 kcal - 14,00 zł.

DESSERTS

- Chia pudding with strawberry mousse - 382 kcal - 12,00 zł.
- Lactose-free cheesecake on coconut milk with tropical mousse - 263 kcal - 12,00 zł.
- Creamy mascarpone dessert with mandarins and sponge biscuits - 438 kcal - 14,00 zł.
- Chocolate tapioca with pear and nuts - 351 kcal - 12,00 zł.
- Dubai chocolate dessert - 725 kcal - 16,00 zł.
- Strawberry dessert with white cream layer and tahini filling - 347 kcal - 12,00 zł - **KETO**.

BURGERS

- Caesar-style burger - 607 kcal - 22,00 zł.

Today we highly recommend

Unstuffed cabbage rolls in tomato sauce with mashed potatoes - 22,00 zł

MENU

FRIDAY 29.05

fresh menu for the whole day

BREAKFAST

- Coconut millet porridge with blueberry jam and peanut butter - 408 kcal - 10,00 zł.

BUNS & WRAPS

- Spring bagel with fried egg, cucumber and cream cheese - 571 kcal - 14,00 zł - **NEW**.
- Seeded roll with cream cheese and salmon - 486 kcal - 13,00 zł.
- Ciabatta with honey-mustard chicken, cheddar and cucumber - 541 kcal - 14,00 zł.
- Roll with Sopot pork loin, Maasdam cheese and tomato - 443 kcal - 13,00 zł.
- Baguette roll with egg spread and sprouts - 390 kcal - 11,00 zł.
- Wrap with chicken, vegetables and garlic sauce - 427 kcal - 18,00 zł.

DESSERTS

- Carrot cake with creamy frosting - 509 kcal - 10,00 zł.
- Coconut Princessa dessert - 766 kcal - 13,00 zł.
- Raspberry cloud dessert 200 ml - 513 kcal - 12,00 zł.
- Mascarpone cream on a chocolate-butter base with cherry mousse - 376 kcal - 12,00 zł.

LUNCHES

- Breaded pollock with dill mashed potatoes and stewed cabbage - 413 kcal - 24,00 zł.
- BBQ chicken with rice and Vietnamese-style slaw - 609 kcal - 22,00 zł.
- Turkey cutlets + jacket potatoes + coleslaw - 433 kcal - 23,00 zł.
- Baked Camembert in bacon with cranberries and cherry tomato slaw - 645 kcal - 24,00 zł.
- Broccoli cutlets with mozzarella, served with puree and cucumber salad - 574 kcal - 20,00 zł.
- Black pasta in butter sauce with shrimp, roasted cherry tomatoes and parsley - 765 kcal - 26,00 zł.
- Rigatoni in creamy tomato sauce with chorizo - 766 kcal - 22,00 zł.
- Four-cheese pasta - 750 kcal - 22,00 zł.
- Sweet cheese dumplings with raspberry-lime mousse - 817 kcal - 17,50 zł.
- Potato and cheese pierogi with fried onion - 739 kcal - 17,50 zł.
- Spinach gyoza dumplings with vegetables + soy sauce, 9 pcs. - 289 kcal - 18,00 zł.
- Pancakes with spinach, ricotta and sun-dried tomatoes + lime-mint dip - 631 kcal - 22,00 zł.
- Pink pancakes served with sweet cheese, peach and toffee sauce - 844 kcal - 19,00 zł.

SOUPS

- Tikka masala soup - 228 kcal - 11,00 zł.
- Sour rye soup with egg - 305 kcal - 12,00 zł.

BURGERS

- BBQ burger [beef, cheddar, bacon chips, tomato, crispy onion] - 608 kcal - 23,00 zł.

DRINKS

- Snickers protein shake 330 ml - 454 kcal - 12,00 zł.
- Cherry, raspberry and blueberry smoothie 500 ml - 275 kcal - 14,00 zł.
- Vitamin smoothie 500 ml [orange, banana, spinach, ginger, chia] - 220 kcal - 13,00 zł.
- Lavender lemonade - 56 kcal - 9,00 zł.
- Quince drink 320 ml - 106 kcal - 14,00 zł.
- Quince drink with green tea 320 ml - 106 kcal - 14,00 zł.
- Quince drink with black tea 320 ml - 106 kcal - 14,00 zł.

ROLLS

- Rolls with smoked salmon, spinach and dill sauce - 614 kcal - 21,00 zł.

SALADS

- Salad with white beans, fresh and sun-dried tomatoes, pepper + dip + croutons - 475 kcal - 22,00 zł.
- Bowl with potato, pickled cucumber, chicken, pepper + garlic dip - 410 kcal - 23,00 zł.
- Salad with pork tenderloin, beetroot, black lentils and dressing - 426 kcal - 23,00 zł.

Today we highly recommend

Breaded pollock with dill mashed potatoes and stewed cabbage - 24,00 zł